

Poughkeepsie, NY - Mar 2084

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:18	3.1	7:58	2.6	1:30	0.2	2:31	0.1	6:28	5:47	
2	Thu	8:34	3.2	9:13	2.8	2:43	0.1	3:32	-0.1	6:26	5:48	
3	Fri	9:43	3.3	10:16	3.0	3:46	-0.1	4:27	-0.3	6:25	5:49	
4	Sat	10:41	3.5	11:09	3.3	4:43	-0.3	5:18	-0.5	6:23	5:50	
5	Sun	11:30	3.6	11:56	3.5	5:37	-0.4	6:06	-0.6	6:21	5:51	
6	Mon			12:16	3.6	6:28	-0.5	6:52	-0.7	6:20	5:52	
7	Tue	12:41	3.6	1:01	3.6	7:16	-0.6	7:35	-0.6	6:18	5:54	
8	Wed	1:24	3.6	1:46	3.4	8:02	-0.5	8:16	-0.5	6:16	5:55	
9	Thu	2:06	3.5	2:31	3.2	8:45	-0.4	8:54	-0.3	6:15	5:56	
10	Fri	2:49	3.3	3:18	3.0	9:27	-0.2	9:30	0.0	6:13	5:57	
11	Sat	3:33	3.2	4:08	2.7	10:11	0.1	10:06	0.2	6:12	5:58	
12	Sun	5:19	3.0	5:58	2.6	11:59	0.3	11:46	0.5	7:10	6:59	
13	Mon	6:07	2.8	6:49	2.4			12:58	0.5	7:08	7:00	
14	Tue	6:57	2.7	7:42	2.3	12:41	0.7	2:04	0.6	7:06	7:02	
15	Wed	7:51	2.6	8:40	2.3	1:53	0.8	3:06	0.6	7:05	7:03	
16	Thu	8:53	2.6	9:42	2.4	3:01	0.8	4:00	0.5	7:03	7:04	
17	Fri	9:57	2.7	10:38	2.6	4:00	0.7	4:47	0.4	7:01	7:05	
18	Sat	10:52	2.8	11:25	2.8	4:51	0.5	5:31	0.2	7:00	7:06	
19	Sun	11:36	3.0			5:38	0.3	6:11	0.1	6:58	7:07	
20	Mon	12:04	3.0	12:14	3.1	6:23	0.1	6:51	-0.1	6:56	7:08	
21	Tue	12:39	3.2	12:50	3.2	7:07	-0.1	7:30	-0.2	6:55	7:09	
22	Wed	1:12	3.4	1:25	3.3	7:51	-0.3	8:08	-0.3	6:53	7:11	
23	Thu	1:46	3.6	2:02	3.2	8:35	-0.4	8:46	-0.3	6:51	7:12	
24	Fri	2:22	3.7	2:43	3.2	9:18	-0.4	9:24	-0.2	6:49	7:13	
25	Sat	3:04	3.7	3:31	3.0	10:02	-0.3	10:04	-0.1	6:48	7:14	
26	Sun	3:54	3.6	4:27	2.9	10:50	-0.2	10:49	0.0	6:46	7:15	
27	Mon	4:52	3.5	5:31	2.8	11:46	0.0	11:46	0.2	6:44	7:16	
28	Tue	5:56	3.4	6:37	2.8			12:54	0.1	6:43	7:17	
29	Wed	7:02	3.3	7:43	2.8	1:03	0.3	2:06	0.2	6:41	7:18	
30	Thu	8:09	3.2	8:51	2.9	2:23	0.4	3:12	0.1	6:39	7:19	
31	Fri	9:19	3.2	10:00	3.0	3:33	0.2	4:11	0.0	6:38	7:20	