

Poughkeepsie, NY - Mar 2086

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:58	3.2	1:10	3.1	7:25	-0.2	7:47	-0.2	6:29	5:46	
2	Sat	1:33	3.2	1:44	3.0	8:02	-0.1	8:19	-0.1	6:27	5:47	
3	Sun	2:07	3.1	2:15	2.9	8:37	-0.1	8:48	0.0	6:25	5:48	
4	Mon	2:38	3.0	2:46	2.7	9:10	0.1	9:14	0.1	6:24	5:50	
5	Tue	3:08	3.0	3:20	2.6	9:43	0.2	9:39	0.2	6:22	5:51	
6	Wed	3:42	2.9	4:01	2.5	10:20	0.3	10:10	0.4	6:21	5:52	
7	Thu	4:25	2.9	4:52	2.4	11:11	0.4	10:55	0.5	6:19	5:53	
8	Fri	5:17	2.9	5:49	2.4			12:28	0.5	6:17	5:54	
9	Sat	6:16	2.9	6:54	2.4	12:10	0.5	1:44	0.4	6:16	5:55	
10	Sun	8:25	3.0	9:08	2.6	1:46	0.5	3:47	0.2	7:14	6:57	
11	Mon	9:40	3.1	10:19	2.8	3:57	0.2	4:43	0.0	7:12	6:58	
12	Tue	10:47	3.4	11:18	3.2	4:58	0.0	5:35	-0.3	7:11	6:59	
13	Wed	11:43	3.6			5:54	-0.3	6:25	-0.5	7:09	7:00	
14	Thu	12:09	3.5	12:34	3.7	6:48	-0.6	7:14	-0.7	7:07	7:01	
15	Fri	12:57	3.8	1:23	3.8	7:42	-0.8	8:02	-0.8	7:06	7:02	
16	Sat	1:45	3.9	2:13	3.7	8:33	-0.8	8:49	-0.8	7:04	7:03	
17	Sun	2:35	4.0	3:05	3.6	9:23	-0.8	9:36	-0.7	7:02	7:04	
18	Mon	3:27	3.9	4:00	3.4	10:13	-0.6	10:22	-0.5	7:01	7:06	
19	Tue	4:22	3.7	4:59	3.2	11:05	-0.4	11:12	-0.2	6:59	7:07	
20	Wed	5:20	3.5	5:58	3.0			12:02	-0.1	6:57	7:08	
21	Thu	6:18	3.2	6:56	2.8	12:09	0.1	1:06	0.1	6:55	7:09	
22	Fri	7:15	3.1	7:53	2.7	1:14	0.4	2:12	0.3	6:54	7:10	
23	Sat	8:14	2.9	8:53	2.7	2:21	0.5	3:14	0.3	6:52	7:11	
24	Sun	9:16	2.8	9:54	2.7	3:24	0.5	4:09	0.3	6:50	7:12	
25	Mon	10:17	2.9	10:49	2.9	4:20	0.4	4:57	0.2	6:49	7:13	
26	Tue	11:10	2.9	11:35	3.0	5:09	0.3	5:40	0.1	6:47	7:14	
27	Wed	11:53	3.0			5:55	0.2	6:21	0.1	6:45	7:16	
28	Thu	12:15	3.2	12:32	3.1	6:38	0.1	7:00	0.0	6:43	7:17	
29	Fri	12:52	3.3	1:08	3.1	7:20	0.0	7:37	0.0	6:42	7:18	
30	Sat	1:27	3.4	1:43	3.1	8:01	-0.1	8:13	0.0	6:40	7:19	
31	Sun	1:59	3.4	2:16	3.0	8:39	-0.1	8:47	0.1	6:38	7:20	