

Poughkeepsie, NY - Jul 2086

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:18	3.7	5:04	3.4	11:05	-0.2	11:26	0.3	5:25	8:34	
2	Tue	5:16	3.6	6:00	3.5	11:55	-0.1			5:26	8:34	
3	Wed	6:14	3.4	6:54	3.6	12:30	0.4	12:51	0.0	5:26	8:33	
4	Thu	7:11	3.3	7:49	3.7	1:40	0.4	1:52	0.0	5:27	8:33	
5	Fri	8:10	3.1	8:48	3.7	2:47	0.4	2:53	0.1	5:27	8:33	
6	Sat	9:15	3.1	9:50	3.7	3:50	0.3	3:52	0.1	5:28	8:33	
7	Sun	10:22	3.1	10:51	3.8	4:48	0.2	4:48	0.1	5:29	8:32	
8	Mon	11:23	3.1	11:45	3.8	5:42	0.0	5:41	0.1	5:29	8:32	
9	Tue			12:16	3.2	6:34	-0.1	6:33	0.1	5:30	8:31	
10	Wed	12:33	3.9	1:06	3.3	7:24	-0.1	7:24	0.1	5:31	8:31	
11	Thu	1:18	3.8	1:53	3.3	8:11	-0.2	8:12	0.2	5:32	8:30	
12	Fri	2:02	3.8	2:40	3.3	8:55	-0.1	8:57	0.3	5:32	8:30	
13	Sat	2:46	3.6	3:27	3.3	9:35	-0.1	9:39	0.4	5:33	8:29	
14	Sun	3:30	3.5	4:14	3.2	10:14	0.1	10:20	0.5	5:34	8:29	
15	Mon	4:15	3.3	5:00	3.2	10:51	0.2	11:01	0.6	5:35	8:28	
16	Tue	5:00	3.1	5:45	3.2	11:28	0.4	11:47	0.8	5:36	8:28	
17	Wed	5:45	2.9	6:28	3.1			12:06	0.5	5:36	8:27	
18	Thu	6:28	2.8	7:09	3.1	12:41	0.9	12:50	0.7	5:37	8:26	
19	Fri	7:11	2.7	7:51	3.1	1:43	1.0	1:42	0.8	5:38	8:25	
20	Sat	7:58	2.6	8:38	3.2	2:44	0.9	2:38	0.8	5:39	8:25	
21	Sun	8:56	2.6	9:31	3.3	3:40	0.8	3:33	0.7	5:40	8:24	
22	Mon	10:01	2.6	10:26	3.4	4:33	0.6	4:26	0.6	5:41	8:23	
23	Tue	10:59	2.8	11:16	3.6	5:22	0.4	5:16	0.5	5:42	8:22	
24	Wed	11:47	2.9			6:10	0.2	6:07	0.3	5:43	8:21	
25	Thu	12:02	3.8	12:32	3.2	6:57	0.0	6:58	0.2	5:44	8:20	
26	Fri	12:46	4.0	1:16	3.3	7:44	-0.2	7:49	0.0	5:45	8:19	
27	Sat	1:30	4.1	2:02	3.5	8:29	-0.3	8:39	-0.1	5:46	8:18	
28	Sun	2:17	4.0	2:52	3.6	9:13	-0.4	9:29	-0.1	5:46	8:17	
29	Mon	3:08	3.9	3:45	3.7	9:57	-0.4	10:19	0.0	5:47	8:16	
30	Tue	4:03	3.8	4:41	3.8	10:42	-0.3	11:13	0.1	5:48	8:15	
31	Wed	5:01	3.6	5:39	3.8	11:31	-0.2			5:49	8:14	