

Poughkeepsie, NY - Aug 2086

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:00	3.4	6:35	3.8	12:14	0.3	12:27	0.0	5:50	8:13	
2	Fri	6:58	3.2	7:32	3.7	1:22	0.4	1:29	0.2	5:51	8:12	
3	Sat	7:58	3.1	8:31	3.6	2:30	0.4	2:34	0.3	5:52	8:11	
4	Sun	9:02	3.0	9:35	3.6	3:33	0.4	3:35	0.3	5:53	8:09	
5	Mon	10:09	3.0	10:37	3.6	4:32	0.3	4:32	0.3	5:54	8:08	
6	Tue	11:09	3.1	11:31	3.7	5:25	0.2	5:26	0.3	5:55	8:07	
7	Wed			12:00	3.2	6:15	0.1	6:16	0.3	5:56	8:06	
8	Thu	12:17	3.7	12:46	3.3	7:01	0.0	7:04	0.3	5:57	8:04	
9	Fri	1:00	3.7	1:29	3.4	7:46	0.0	7:50	0.3	5:58	8:03	
10	Sat	1:40	3.7	2:11	3.4	8:26	0.0	8:33	0.3	6:00	8:02	
11	Sun	2:19	3.6	2:52	3.4	9:04	0.1	9:13	0.4	6:01	8:00	
12	Mon	2:58	3.4	3:34	3.4	9:39	0.2	9:52	0.5	6:02	7:59	
13	Tue	3:37	3.3	4:15	3.3	10:12	0.3	10:29	0.6	6:03	7:58	
14	Wed	4:17	3.1	4:57	3.3	10:43	0.4	11:08	0.7	6:04	7:56	
15	Thu	4:59	2.9	5:39	3.2	11:12	0.6	11:52	0.9	6:05	7:55	
16	Fri	5:42	2.8	6:19	3.2	11:43	0.7			6:06	7:53	
17	Sat	6:27	2.7	7:00	3.2	12:50	1.0	12:28	0.9	6:07	7:52	
18	Sun	7:15	2.6	7:46	3.2	1:59	1.0	1:39	0.9	6:08	7:50	
19	Mon	8:11	2.6	8:43	3.3	3:03	0.9	2:53	0.9	6:09	7:49	
20	Tue	9:18	2.7	9:46	3.4	3:59	0.7	3:55	0.7	6:10	7:47	
21	Wed	10:24	2.9	10:46	3.7	4:51	0.5	4:51	0.5	6:11	7:46	
22	Thu	11:18	3.2	11:37	3.9	5:39	0.2	5:44	0.3	6:12	7:44	
23	Fri			12:06	3.4	6:27	0.0	6:37	0.1	6:13	7:43	
24	Sat	12:24	4.1	12:52	3.7	7:14	-0.2	7:30	-0.1	6:14	7:41	
25	Sun	1:11	4.1	1:38	3.9	8:01	-0.4	8:22	-0.2	6:15	7:40	
26	Mon	1:59	4.1	2:27	4.0	8:47	-0.5	9:13	-0.3	6:16	7:38	
27	Tue	2:50	4.0	3:20	4.1	9:32	-0.4	10:04	-0.2	6:17	7:36	
28	Wed	3:45	3.8	4:16	4.0	10:18	-0.3	10:57	0.0	6:18	7:35	
29	Thu	4:44	3.6	5:16	3.9	11:08	-0.1	11:56	0.2	6:19	7:33	
30	Fri	5:46	3.4	6:16	3.8			12:04	0.1	6:20	7:31	
31	Sat	6:46	3.2	7:14	3.7	1:03	0.4	1:08	0.4	6:21	7:30	