

Poughkeepsie, NY - Jan 2087

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:01	3.1	10:25	2.5	3:55	0.2	4:39	0.2	7:22	4:36	
2	Thu	10:44	3.2	11:08	2.6	4:39	0.1	5:24	0.0	7:22	4:36	
3	Fri	11:22	3.3	11:47	2.7	5:24	0.0	6:09	-0.2	7:22	4:37	
4	Sat	11:59	3.4			6:08	-0.1	6:52	-0.3	7:22	4:38	
5	Sun	12:24	2.8	12:35	3.5	6:52	-0.2	7:34	-0.4	7:22	4:39	
6	Mon	1:02	2.9	1:14	3.5	7:36	-0.2	8:14	-0.5	7:22	4:40	
7	Tue	1:43	2.9	1:56	3.5	8:19	-0.3	8:54	-0.5	7:22	4:41	
8	Wed	2:28	3.0	2:44	3.4	9:03	-0.2	9:35	-0.5	7:22	4:42	
9	Thu	3:20	3.1	3:38	3.2	9:50	-0.2	10:19	-0.4	7:21	4:43	
10	Fri	4:15	3.1	4:35	3.1	10:47	0.0	11:12	-0.3	7:21	4:44	
11	Sat	5:12	3.2	5:34	2.9	11:56	0.1			7:21	4:45	
12	Sun	6:10	3.2	6:34	2.8	12:14	-0.2	1:09	0.1	7:21	4:47	
13	Mon	7:10	3.2	7:40	2.7	1:20	-0.2	2:17	0.0	7:20	4:48	
14	Tue	8:17	3.3	8:51	2.7	2:24	-0.2	3:19	-0.1	7:20	4:49	
15	Wed	9:24	3.3	9:56	2.8	3:24	-0.2	4:16	-0.3	7:19	4:50	
16	Thu	10:23	3.5	10:53	3.0	4:20	-0.3	5:10	-0.4	7:19	4:51	
17	Fri	11:15	3.6	11:44	3.1	5:14	-0.4	6:01	-0.5	7:18	4:52	
18	Sat			12:02	3.6	6:05	-0.4	6:50	-0.6	7:18	4:53	
19	Sun	12:31	3.1	12:47	3.6	6:55	-0.4	7:35	-0.6	7:17	4:55	
20	Mon	1:18	3.1	1:31	3.4	7:41	-0.4	8:17	-0.6	7:17	4:56	
21	Tue	2:04	3.1	2:15	3.3	8:24	-0.3	8:56	-0.5	7:16	4:57	
22	Wed	2:49	3.0	2:59	3.1	9:05	-0.1	9:34	-0.3	7:15	4:58	
23	Thu	3:35	2.9	3:44	2.9	9:46	0.0	10:12	-0.1	7:15	5:00	
24	Fri	4:21	2.9	4:30	2.7	10:29	0.2	10:51	0.1	7:14	5:01	
25	Sat	5:06	2.8	5:15	2.5	11:18	0.4	11:35	0.3	7:13	5:02	
26	Sun	5:50	2.7	6:00	2.3			12:19	0.5	7:12	5:03	
27	Mon	6:35	2.7	6:49	2.2	12:29	0.4	1:23	0.6	7:11	5:05	
28	Tue	7:25	2.7	7:47	2.2	1:29	0.5	2:23	0.5	7:10	5:06	
29	Wed	8:22	2.7	8:52	2.2	2:26	0.4	3:17	0.4	7:09	5:07	
30	Thu	9:21	2.8	9:51	2.4	3:19	0.3	4:07	0.2	7:09	5:08	
31	Fri	10:11	3.0	10:38	2.6	4:09	0.2	4:54	0.0	7:08	5:10	