

Poughkeepsie, NY - Mar 2087

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:32	3.0	10:04	2.7	3:39	0.3	4:20	0.0	6:29	5:46	
2	Sun	10:24	3.2	10:50	3.0	4:30	0.0	5:07	-0.2	6:27	5:47	
3	Mon	11:10	3.4	11:32	3.3	5:21	-0.2	5:53	-0.4	6:26	5:48	
4	Tue	11:54	3.6			6:11	-0.4	6:38	-0.6	6:24	5:49	
5	Wed	12:15	3.5	12:38	3.7	7:00	-0.6	7:23	-0.7	6:23	5:50	
6	Thu	12:59	3.7	1:25	3.6	7:49	-0.7	8:07	-0.8	6:21	5:52	
7	Fri	1:46	3.8	2:16	3.5	8:37	-0.7	8:51	-0.7	6:19	5:53	
8	Sat	2:38	3.7	3:12	3.3	9:27	-0.6	9:38	-0.5	6:18	5:54	
9	Sun	4:35	3.6	5:12	3.2	11:21	-0.4	11:30	-0.3	7:16	6:55	
10	Mon	5:35	3.5	6:13	3.0			12:23	-0.1	7:14	6:56	
11	Tue	6:36	3.3	7:14	2.9	12:32	-0.1	1:32	0.0	7:13	6:57	
12	Wed	7:38	3.2	8:17	2.8	1:42	0.1	2:40	0.1	7:11	6:59	
13	Thu	8:43	3.1	9:23	2.8	2:51	0.2	3:42	0.0	7:09	7:00	
14	Fri	9:51	3.0	10:26	2.9	3:54	0.2	4:38	0.0	7:08	7:01	
15	Sat	10:52	3.1	11:21	3.1	4:50	0.1	5:28	-0.1	7:06	7:02	
16	Sun	11:42	3.2			5:42	0.0	6:14	-0.2	7:04	7:03	
17	Mon	12:07	3.2	12:26	3.2	6:29	-0.1	6:58	-0.2	7:03	7:04	
18	Tue	12:48	3.3	1:05	3.3	7:14	-0.2	7:38	-0.2	7:01	7:05	
19	Wed	1:26	3.4	1:43	3.2	7:57	-0.2	8:16	-0.2	6:59	7:06	
20	Thu	2:03	3.4	2:20	3.1	8:37	-0.2	8:52	-0.1	6:58	7:08	
21	Fri	2:39	3.4	2:58	3.0	9:15	-0.1	9:25	0.0	6:56	7:09	
22	Sat	3:15	3.3	3:35	2.9	9:51	0.0	9:56	0.1	6:54	7:10	
23	Sun	3:50	3.1	4:14	2.7	10:26	0.1	10:24	0.3	6:52	7:11	
24	Mon	4:25	3.0	4:55	2.6	11:01	0.3	10:50	0.5	6:51	7:12	
25	Tue	5:04	2.9	5:40	2.5	11:41	0.4	11:24	0.6	6:49	7:13	
26	Wed	5:47	2.9	6:28	2.4			12:38	0.6	6:47	7:14	
27	Thu	6:37	2.8	7:19	2.4	12:16	0.7	1:49	0.6	6:46	7:15	
28	Fri	7:33	2.8	8:17	2.5	1:49	0.8	2:55	0.5	6:44	7:16	
29	Sat	8:38	2.9	9:23	2.7	3:07	0.6	3:52	0.3	6:42	7:17	
30	Sun	9:48	3.0	10:25	3.0	4:09	0.4	4:43	0.1	6:41	7:19	
31	Mon	10:49	3.3	11:17	3.3	5:05	0.1	5:32	-0.1	6:39	7:20	