

Poughkeepsie, NY - Aug 2087

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:55	3.8	3:32	3.5	9:39	-0.2	9:51	0.2	5:50	8:13	
2	Sat	3:42	3.6	4:21	3.5	10:20	0.0	10:35	0.4	5:51	8:12	
3	Sun	4:30	3.3	5:09	3.4	10:59	0.2	11:20	0.6	5:52	8:11	
4	Mon	5:18	3.1	5:55	3.3	11:40	0.4			5:53	8:10	
5	Tue	6:06	3.0	6:41	3.3	12:11	0.8	12:24	0.6	5:54	8:08	
6	Wed	6:53	2.8	7:25	3.2	1:09	0.9	1:15	0.8	5:55	8:07	
7	Thu	7:41	2.7	8:13	3.2	2:10	0.9	2:12	0.9	5:56	8:06	
8	Fri	8:35	2.6	9:06	3.2	3:08	0.9	3:08	0.9	5:57	8:05	
9	Sat	9:35	2.6	10:02	3.3	4:01	0.8	4:00	0.8	5:58	8:03	
10	Sun	10:34	2.7	10:53	3.4	4:50	0.6	4:50	0.7	5:59	8:02	
11	Mon	11:23	2.9	11:37	3.6	5:36	0.5	5:37	0.6	6:00	8:01	
12	Tue			12:06	3.1	6:20	0.3	6:24	0.4	6:01	7:59	
13	Wed	12:17	3.7	12:44	3.3	7:04	0.1	7:10	0.3	6:02	7:58	
14	Thu	12:55	3.8	1:22	3.4	7:46	0.0	7:57	0.2	6:03	7:57	
15	Fri	1:34	3.9	2:00	3.6	8:28	-0.2	8:43	0.1	6:04	7:55	
16	Sat	2:15	3.9	2:43	3.7	9:08	-0.2	9:28	0.0	6:05	7:54	
17	Sun	3:00	3.8	3:30	3.7	9:48	-0.2	10:15	0.1	6:06	7:52	
18	Mon	3:52	3.6	4:23	3.8	10:30	-0.1	11:07	0.2	6:07	7:51	
19	Tue	4:49	3.5	5:21	3.8	11:17	0.0			6:08	7:49	
20	Wed	5:50	3.3	6:20	3.7	12:07	0.4	12:13	0.2	6:10	7:48	
21	Thu	6:51	3.2	7:20	3.7	1:16	0.5	1:20	0.3	6:11	7:46	
22	Fri	7:53	3.1	8:23	3.7	2:26	0.5	2:30	0.4	6:12	7:45	
23	Sat	9:00	3.1	9:30	3.7	3:31	0.4	3:35	0.3	6:13	7:43	
24	Sun	10:08	3.2	10:35	3.7	4:29	0.2	4:35	0.3	6:14	7:42	
25	Mon	11:09	3.4	11:30	3.8	5:23	0.1	5:30	0.2	6:15	7:40	
26	Tue			12:01	3.5	6:13	0.0	6:22	0.1	6:16	7:38	
27	Wed	12:19	3.9	12:48	3.7	7:01	-0.1	7:11	0.1	6:17	7:37	
28	Thu	1:03	3.9	1:32	3.7	7:46	-0.1	7:59	0.1	6:18	7:35	
29	Fri	1:45	3.8	2:15	3.7	8:28	-0.1	8:43	0.1	6:19	7:34	
30	Sat	2:27	3.7	2:57	3.7	9:08	0.0	9:25	0.2	6:20	7:32	
31	Sun	3:09	3.5	3:40	3.6	9:45	0.2	10:05	0.4	6:21	7:30	