

Poughkeepsie, NY - Mar 2088

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:40	3.2	7:23	2.8	12:52	0.1	1:54	0.1	6:28	5:47	
2	Tue	7:51	3.2	8:34	2.8	2:03	0.0	2:58	-0.1	6:26	5:48	
3	Wed	9:03	3.2	9:40	3.0	3:08	-0.1	3:55	-0.2	6:25	5:49	
4	Thu	10:06	3.3	10:37	3.2	4:07	-0.2	4:48	-0.4	6:23	5:50	
5	Fri	10:59	3.5	11:27	3.4	5:01	-0.4	5:38	-0.5	6:21	5:51	
6	Sat	11:46	3.5			5:53	-0.5	6:25	-0.6	6:20	5:52	
7	Sun	12:12	3.5	12:31	3.5	6:41	-0.5	7:09	-0.6	6:18	5:54	
8	Mon	12:55	3.5	1:14	3.4	7:27	-0.5	7:51	-0.5	6:16	5:55	
9	Tue	1:38	3.5	1:57	3.3	8:10	-0.4	8:30	-0.4	6:15	5:56	
10	Wed	2:20	3.4	2:40	3.1	8:51	-0.3	9:07	-0.2	6:13	5:57	
11	Thu	3:03	3.3	3:26	2.9	9:31	-0.1	9:43	0.1	6:11	5:58	
12	Fri	3:48	3.1	4:13	2.7	10:13	0.1	10:19	0.3	6:10	5:59	
13	Sat	4:34	3.0	5:02	2.6	10:59	0.4	11:01	0.5	6:08	6:01	
14	Sun	6:21	2.8	6:51	2.4			12:56	0.5	7:06	7:02	
15	Mon	7:09	2.7	7:42	2.4	12:59	0.7	2:00	0.6	7:05	7:03	
16	Tue	8:00	2.7	8:38	2.4	2:10	0.8	3:01	0.6	7:03	7:04	
17	Wed	8:59	2.7	9:40	2.5	3:14	0.7	3:55	0.5	7:01	7:05	
18	Thu	10:01	2.8	10:35	2.6	4:09	0.6	4:44	0.3	7:00	7:06	
19	Fri	10:54	3.0	11:22	2.9	5:00	0.4	5:29	0.1	6:58	7:07	
20	Sat	11:39	3.1			5:47	0.1	6:12	-0.1	6:56	7:08	
21	Sun	12:01	3.1	12:20	3.3	6:33	-0.1	6:55	-0.2	6:55	7:09	
22	Mon	12:38	3.4	12:59	3.4	7:20	-0.3	7:37	-0.4	6:53	7:11	
23	Tue	1:14	3.6	1:40	3.5	8:06	-0.4	8:20	-0.5	6:51	7:12	
24	Wed	1:53	3.7	2:23	3.5	8:52	-0.5	9:02	-0.5	6:49	7:13	
25	Thu	2:37	3.8	3:12	3.4	9:38	-0.5	9:45	-0.4	6:48	7:14	
26	Fri	3:25	3.7	4:06	3.2	10:25	-0.4	10:30	-0.3	6:46	7:15	
27	Sat	4:21	3.6	5:07	3.1	11:18	-0.3	11:22	-0.1	6:44	7:16	
28	Sun	5:23	3.5	6:10	3.0			12:20	-0.1	6:43	7:17	
29	Mon	6:27	3.4	7:12	3.0	12:26	0.1	1:28	0.0	6:41	7:18	
30	Tue	7:31	3.3	8:15	3.0	1:40	0.2	2:36	0.1	6:39	7:19	
31	Wed	8:37	3.2	9:20	3.1	2:51	0.2	3:38	0.0	6:38	7:21	