

Poughkeepsie, NY - Jan 2089

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:54	3.3	4:09	3.4	10:09	-0.3	10:48	-0.5	7:22	4:36	
2	Sun	4:52	3.3	5:07	3.2	11:08	-0.1	11:45	-0.3	7:22	4:37	
3	Mon	5:47	3.2	6:01	3.0			12:12	0.1	7:22	4:38	
4	Tue	6:40	3.1	6:56	2.8	12:44	-0.1	1:17	0.2	7:22	4:39	
5	Wed	7:34	3.1	7:54	2.6	1:42	0.0	2:19	0.2	7:22	4:40	
6	Thu	8:31	3.0	8:54	2.5	2:36	0.0	3:14	0.2	7:22	4:41	
7	Fri	9:26	3.1	9:51	2.6	3:26	0.1	4:05	0.1	7:22	4:42	
8	Sat	10:16	3.2	10:40	2.6	4:13	0.1	4:52	0.0	7:22	4:43	
9	Sun	11:00	3.2	11:24	2.7	4:58	0.0	5:37	-0.1	7:21	4:44	
10	Mon	11:41	3.3			5:41	0.0	6:20	-0.2	7:21	4:45	
11	Tue	12:04	2.8	12:19	3.3	6:24	0.0	7:01	-0.2	7:21	4:46	
12	Wed	12:43	2.8	12:55	3.3	7:05	-0.1	7:39	-0.3	7:20	4:47	
13	Thu	1:21	2.8	1:30	3.2	7:44	0.0	8:16	-0.3	7:20	4:48	
14	Fri	1:58	2.7	2:04	3.1	8:20	0.0	8:49	-0.2	7:20	4:49	
15	Sat	2:33	2.7	2:36	3.0	8:54	0.1	9:21	-0.2	7:19	4:50	
16	Sun	3:07	2.7	3:10	2.9	9:27	0.2	9:52	-0.1	7:19	4:52	
17	Mon	3:43	2.7	3:52	2.8	10:02	0.3	10:26	0.0	7:18	4:53	
18	Tue	4:25	2.7	4:40	2.7	10:49	0.4	11:09	0.1	7:18	4:54	
19	Wed	5:12	2.8	5:34	2.6			12:01	0.4	7:17	4:55	
20	Thu	6:05	2.9	6:33	2.6	12:10	0.1	1:22	0.4	7:16	4:56	
21	Fri	7:04	3.0	7:41	2.6	1:23	0.1	2:31	0.2	7:16	4:58	
22	Sat	8:13	3.2	8:56	2.7	2:31	-0.1	3:32	-0.1	7:15	4:59	
23	Sun	9:25	3.4	10:03	2.9	3:33	-0.2	4:29	-0.3	7:14	5:00	
24	Mon	10:27	3.6	11:01	3.1	4:31	-0.5	5:23	-0.6	7:13	5:01	
25	Tue	11:21	3.8	11:54	3.3	5:28	-0.7	6:16	-0.8	7:13	5:03	
26	Wed			12:13	3.9	6:23	-0.8	7:07	-1.0	7:12	5:04	
27	Thu	12:46	3.5	1:04	3.9	7:17	-0.9	7:56	-1.0	7:11	5:05	
28	Fri	1:39	3.5	1:57	3.8	8:08	-0.8	8:43	-1.0	7:10	5:06	
29	Sat	2:33	3.5	2:50	3.6	8:57	-0.7	9:30	-0.8	7:09	5:08	
30	Sun	3:27	3.4	3:45	3.3	9:48	-0.5	10:18	-0.6	7:08	5:09	
31	Mon	4:22	3.3	4:40	3.1	10:41	-0.2	11:09	-0.3	7:07	5:10	