

Poughkeepsie, NY - Jul 2089

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:52	2.9	7:29	3.1	1:26	0.9	1:32	0.5	5:25	8:34	
2	Sat	7:41	2.9	8:15	3.3	2:33	0.8	2:29	0.5	5:26	8:34	
3	Sun	8:40	2.8	9:11	3.5	3:33	0.7	3:27	0.4	5:26	8:33	
4	Mon	9:47	2.9	10:12	3.7	4:30	0.4	4:22	0.2	5:27	8:33	
5	Tue	10:52	3.1	11:10	3.9	5:23	0.2	5:17	0.1	5:28	8:33	
6	Wed	11:48	3.3			6:16	-0.1	6:12	-0.1	5:28	8:32	
7	Thu	12:03	4.1	12:41	3.4	7:09	-0.3	7:08	-0.2	5:29	8:32	
8	Fri	12:54	4.2	1:34	3.6	8:01	-0.5	8:04	-0.3	5:30	8:32	
9	Sat	1:47	4.3	2:30	3.7	8:51	-0.6	8:57	-0.3	5:30	8:31	
10	Sun	2:42	4.2	3:27	3.7	9:40	-0.6	9:50	-0.3	5:31	8:31	
11	Mon	3:39	4.0	4:27	3.7	10:29	-0.5	10:44	-0.1	5:32	8:30	
12	Tue	4:39	3.8	5:25	3.7	11:20	-0.4	11:41	0.1	5:33	8:30	
13	Wed	5:38	3.6	6:21	3.7			12:14	-0.2	5:33	8:29	
14	Thu	6:34	3.4	7:14	3.7	12:44	0.3	1:12	0.0	5:34	8:29	
15	Fri	7:29	3.2	8:07	3.6	1:49	0.4	2:10	0.2	5:35	8:28	
16	Sat	8:25	3.0	9:02	3.5	2:51	0.4	3:07	0.3	5:36	8:27	
17	Sun	9:25	2.9	9:58	3.5	3:50	0.4	4:00	0.3	5:37	8:27	
18	Mon	10:25	2.9	10:51	3.6	4:43	0.4	4:50	0.4	5:38	8:26	
19	Tue	11:18	2.9	11:39	3.6	5:32	0.3	5:37	0.4	5:38	8:25	
20	Wed			12:06	3.0	6:18	0.2	6:22	0.4	5:39	8:24	
21	Thu	12:21	3.7	12:49	3.1	7:03	0.2	7:07	0.4	5:40	8:24	
22	Fri	1:01	3.7	1:30	3.1	7:45	0.1	7:50	0.4	5:41	8:23	
23	Sat	1:40	3.6	2:10	3.1	8:25	0.1	8:31	0.4	5:42	8:22	
24	Sun	2:17	3.6	2:50	3.1	9:03	0.1	9:10	0.5	5:43	8:21	
25	Mon	2:54	3.5	3:29	3.1	9:38	0.1	9:46	0.5	5:44	8:20	
26	Tue	3:29	3.3	4:07	3.1	10:10	0.2	10:22	0.6	5:45	8:19	
27	Wed	4:05	3.2	4:43	3.1	10:41	0.3	10:57	0.7	5:46	8:18	
28	Thu	4:43	3.1	5:20	3.1	11:12	0.4	11:39	0.8	5:47	8:17	
29	Fri	5:26	3.0	6:00	3.2	11:49	0.4			5:48	8:16	
30	Sat	6:15	3.0	6:44	3.3	12:39	0.9	12:38	0.5	5:49	8:15	
31	Sun	7:08	2.9	7:35	3.4	1:54	0.8	1:43	0.5	5:50	8:14	