

Poughkeepsie, NY - Jul 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:45	3.9	4:40	3.5	10:45	-0.3	10:55	0.1	5:25	8:34	
2	Sun	4:45	3.7	5:38	3.6	11:36	-0.2	11:54	0.2	5:26	8:34	
3	Mon	5:46	3.6	6:34	3.6			12:32	-0.1	5:26	8:33	
4	Tue	6:44	3.4	7:29	3.7	1:01	0.3	1:32	0.0	5:27	8:33	
5	Wed	7:42	3.3	8:25	3.7	2:09	0.3	2:32	0.0	5:27	8:33	
6	Thu	8:42	3.2	9:24	3.7	3:13	0.3	3:30	0.0	5:28	8:33	
7	Fri	9:47	3.1	10:23	3.8	4:12	0.2	4:24	0.1	5:29	8:32	
8	Sat	10:49	3.1	11:17	3.8	5:07	0.1	5:16	0.1	5:29	8:32	
9	Sun	11:44	3.2			5:59	0.0	6:07	0.1	5:30	8:31	
10	Mon	12:06	3.9	12:33	3.2	6:49	0.0	6:55	0.2	5:31	8:31	
11	Tue	12:50	3.9	1:19	3.2	7:36	-0.1	7:43	0.2	5:32	8:30	
12	Wed	1:33	3.8	2:04	3.2	8:21	-0.1	8:27	0.3	5:32	8:30	
13	Thu	2:15	3.7	2:49	3.2	9:02	-0.1	9:10	0.3	5:33	8:29	
14	Fri	2:58	3.6	3:35	3.1	9:41	0.0	9:50	0.5	5:34	8:29	
15	Sat	3:42	3.4	4:21	3.1	10:18	0.1	10:29	0.6	5:35	8:28	
16	Sun	4:26	3.3	5:07	3.1	10:55	0.3	11:09	0.7	5:36	8:28	
17	Mon	5:11	3.1	5:51	3.0	11:31	0.4	11:55	0.9	5:36	8:27	
18	Tue	5:54	3.0	6:31	3.0			12:10	0.5	5:37	8:26	
19	Wed	6:37	2.9	7:09	3.1	12:52	1.0	12:56	0.6	5:38	8:25	
20	Thu	7:20	2.8	7:48	3.1	1:55	1.0	1:49	0.7	5:39	8:25	
21	Fri	8:08	2.7	8:34	3.2	2:56	0.9	2:46	0.6	5:40	8:24	
22	Sat	9:07	2.7	9:30	3.4	3:52	0.7	3:41	0.6	5:41	8:23	
23	Sun	10:10	2.8	10:27	3.6	4:44	0.5	4:34	0.4	5:42	8:22	
24	Mon	11:08	3.0	11:19	3.8	5:34	0.3	5:26	0.3	5:43	8:21	
25	Tue	11:58	3.2			6:24	0.1	6:19	0.1	5:44	8:20	
26	Wed	12:08	4.0	12:46	3.4	7:13	-0.1	7:12	-0.1	5:45	8:19	
27	Thu	12:55	4.1	1:35	3.6	8:02	-0.3	8:05	-0.2	5:46	8:18	
28	Fri	1:45	4.2	2:26	3.7	8:50	-0.5	8:57	-0.2	5:47	8:17	
29	Sat	2:36	4.1	3:21	3.8	9:36	-0.5	9:48	-0.2	5:48	8:16	
30	Sun	3:32	4.0	4:18	3.8	10:23	-0.5	10:41	-0.1	5:48	8:15	
31	Mon	4:31	3.8	5:17	3.8	11:13	-0.3	11:38	0.1	5:49	8:14	