

Poughkeepsie, NY - Aug 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:31	3.6	6:14	3.8			12:07	-0.1	5:50	8:13	
2	Wed	6:29	3.4	7:09	3.8	12:42	0.2	1:07	0.0	5:51	8:12	
3	Thu	7:27	3.3	8:05	3.7	1:49	0.4	2:08	0.2	5:52	8:11	
4	Fri	8:26	3.1	9:03	3.6	2:53	0.4	3:08	0.3	5:53	8:09	
5	Sat	9:30	3.0	10:03	3.6	3:53	0.3	4:05	0.3	5:54	8:08	
6	Sun	10:32	3.0	10:58	3.7	4:48	0.3	4:57	0.3	5:55	8:07	
7	Mon	11:27	3.1	11:47	3.7	5:39	0.2	5:47	0.3	5:56	8:06	
8	Tue			12:15	3.2	6:26	0.1	6:34	0.3	5:58	8:04	
9	Wed	12:31	3.8	12:58	3.3	7:11	0.1	7:20	0.3	5:59	8:03	
10	Thu	1:12	3.7	1:39	3.3	7:54	0.1	8:04	0.3	6:00	8:02	
11	Fri	1:51	3.7	2:19	3.3	8:33	0.1	8:45	0.4	6:01	8:00	
12	Sat	2:30	3.6	3:00	3.3	9:10	0.1	9:24	0.4	6:02	7:59	
13	Sun	3:09	3.5	3:40	3.2	9:45	0.2	10:01	0.5	6:03	7:58	
14	Mon	3:48	3.3	4:19	3.2	10:17	0.3	10:37	0.7	6:04	7:56	
15	Tue	4:28	3.1	4:58	3.2	10:48	0.4	11:15	0.8	6:05	7:55	
16	Wed	5:10	3.0	5:35	3.1	11:18	0.5			6:06	7:53	
17	Thu	5:52	2.9	6:13	3.2	12:01	0.9	11:54 AM	0.6	6:07	7:52	
18	Fri	6:37	2.8	6:55	3.2	1:04	1.0	12:46	0.7	6:08	7:50	
19	Sat	7:28	2.8	7:44	3.3	2:14	0.9	1:55	0.7	6:09	7:49	
20	Sun	8:27	2.8	8:44	3.4	3:17	0.8	3:05	0.7	6:10	7:47	
21	Mon	9:35	2.9	9:52	3.6	4:14	0.6	4:07	0.5	6:11	7:46	
22	Tue	10:39	3.1	10:54	3.8	5:06	0.3	5:04	0.3	6:12	7:44	
23	Wed	11:34	3.4	11:48	4.0	5:57	0.1	5:59	0.1	6:13	7:43	
24	Thu			12:25	3.7	6:47	-0.2	6:54	-0.2	6:14	7:41	
25	Fri	12:39	4.2	1:14	3.9	7:36	-0.4	7:48	-0.3	6:15	7:40	
26	Sat	1:29	4.2	2:04	4.0	8:25	-0.5	8:41	-0.4	6:16	7:38	
27	Sun	2:20	4.2	2:58	4.1	9:12	-0.5	9:33	-0.3	6:17	7:36	
28	Mon	3:15	4.0	3:53	4.1	10:00	-0.5	10:24	-0.2	6:18	7:35	
29	Tue	4:13	3.8	4:52	4.0	10:48	-0.3	11:19	0.0	6:19	7:33	
30	Wed	5:13	3.6	5:50	3.9	11:41	0.0			6:20	7:31	
31	Thu	6:13	3.4	6:46	3.8	12:20	0.2	12:40	0.2	6:21	7:30	