

Poughkeepsie, NY - Sep 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:11	3.2	7:42	3.6	1:26	0.4	1:44	0.4	6:22	7:28	
2	Sat	8:09	3.1	8:39	3.5	2:31	0.5	2:47	0.5	6:23	7:26	
3	Sun	9:11	3.0	9:39	3.5	3:31	0.5	3:45	0.6	6:24	7:25	
4	Mon	10:12	3.0	10:36	3.5	4:26	0.4	4:38	0.5	6:25	7:23	
5	Tue	11:06	3.1	11:25	3.6	5:14	0.4	5:26	0.5	6:26	7:21	
6	Wed	11:52	3.3			5:59	0.3	6:12	0.4	6:27	7:20	
7	Thu	12:09	3.6	12:33	3.4	6:42	0.2	6:56	0.4	6:28	7:18	
8	Fri	12:48	3.7	1:12	3.5	7:22	0.2	7:39	0.3	6:29	7:16	
9	Sat	1:26	3.6	1:48	3.5	8:01	0.2	8:20	0.3	6:30	7:15	
10	Sun	2:02	3.6	2:23	3.5	8:37	0.2	8:58	0.4	6:31	7:13	
11	Mon	2:38	3.4	2:56	3.4	9:11	0.2	9:35	0.5	6:32	7:11	
12	Tue	3:13	3.3	3:27	3.4	9:42	0.3	10:10	0.6	6:33	7:09	
13	Wed	3:48	3.2	3:57	3.3	10:11	0.4	10:45	0.7	6:34	7:08	
14	Thu	4:27	3.0	4:33	3.3	10:39	0.6	11:25	0.8	6:35	7:06	
15	Fri	5:13	2.9	5:18	3.3	11:14	0.7			6:36	7:04	
16	Sat	6:05	2.9	6:11	3.3	12:21	0.9	12:02	0.8	6:37	7:02	
17	Sun	7:00	2.9	7:09	3.4	1:36	0.9	1:16	0.8	6:38	7:01	
18	Mon	8:01	2.9	8:13	3.5	2:45	0.8	2:38	0.7	6:39	6:59	
19	Tue	9:08	3.1	9:24	3.6	3:45	0.5	3:46	0.5	6:40	6:57	
20	Wed	10:15	3.3	10:32	3.8	4:39	0.3	4:46	0.3	6:41	6:55	
21	Thu	11:12	3.6	11:29	4.0	5:30	0.0	5:42	0.0	6:42	6:54	
22	Fri			12:04	3.9	6:20	-0.2	6:37	-0.2	6:43	6:52	
23	Sat	12:21	4.1	12:53	4.2	7:10	-0.4	7:31	-0.4	6:45	6:50	
24	Sun	1:11	4.2	1:42	4.3	7:59	-0.5	8:24	-0.4	6:46	6:49	
25	Mon	2:02	4.1	2:34	4.3	8:48	-0.5	9:15	-0.4	6:47	6:47	
26	Tue	2:55	4.0	3:27	4.2	9:35	-0.4	10:06	-0.3	6:48	6:45	
27	Wed	3:53	3.7	4:24	4.1	10:24	-0.2	10:59	0.0	6:49	6:43	
28	Thu	4:53	3.5	5:23	3.9	11:15	0.1	11:56	0.2	6:50	6:42	
29	Fri	5:54	3.3	6:20	3.7			12:12	0.4	6:51	6:40	
30	Sat	6:52	3.2	7:16	3.5	12:59	0.4	1:16	0.6	6:52	6:38	