

Poughkeepsie, NY - Oct 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:49	3.1	8:12	3.4	2:04	0.5	2:21	0.7	6:53	6:36	
2	Mon	8:47	3.0	9:10	3.3	3:04	0.6	3:21	0.8	6:54	6:35	
3	Tue	9:46	3.1	10:06	3.3	3:57	0.5	4:15	0.7	6:55	6:33	
4	Wed	10:39	3.2	10:57	3.4	4:45	0.4	5:03	0.6	6:56	6:31	
5	Thu	11:25	3.3	11:42	3.4	5:28	0.4	5:48	0.5	6:57	6:30	
6	Fri			12:06	3.5	6:08	0.3	6:31	0.4	6:58	6:28	
7	Sat	12:21	3.5	12:42	3.6	6:47	0.2	7:13	0.3	6:59	6:26	
8	Sun	12:58	3.5	1:16	3.6	7:26	0.2	7:54	0.3	7:00	6:25	
9	Mon	1:34	3.4	1:48	3.6	8:02	0.2	8:34	0.3	7:02	6:23	
10	Tue	2:08	3.4	2:16	3.6	8:37	0.2	9:11	0.3	7:03	6:21	
11	Wed	2:42	3.2	2:43	3.5	9:10	0.3	9:48	0.4	7:04	6:20	
12	Thu	3:16	3.1	3:13	3.5	9:41	0.4	10:24	0.5	7:05	6:18	
13	Fri	3:56	3.0	3:52	3.4	10:12	0.5	11:04	0.6	7:06	6:17	
14	Sat	4:45	2.9	4:42	3.4	10:49	0.6	11:56	0.7	7:07	6:15	
15	Sun	5:44	2.9	5:42	3.4	11:39	0.7			7:08	6:13	
16	Mon	6:43	2.9	6:46	3.4	1:06	0.7	12:54	0.8	7:09	6:12	
17	Tue	7:44	3.0	7:52	3.4	2:16	0.6	2:20	0.7	7:10	6:10	
18	Wed	8:48	3.2	9:01	3.5	3:18	0.4	3:30	0.5	7:12	6:09	
19	Thu	9:53	3.5	10:10	3.6	4:13	0.1	4:30	0.2	7:13	6:07	
20	Fri	10:52	3.8	11:10	3.8	5:05	-0.1	5:27	-0.1	7:14	6:06	
21	Sat	11:44	4.1			5:55	-0.3	6:21	-0.3	7:15	6:04	
22	Sun	12:04	3.9	12:34	4.3	6:45	-0.4	7:15	-0.4	7:16	6:03	
23	Mon	12:54	3.9	1:22	4.4	7:35	-0.5	8:07	-0.5	7:17	6:01	
24	Tue	1:44	3.9	2:11	4.3	8:24	-0.5	8:58	-0.5	7:19	6:00	
25	Wed	2:37	3.7	3:02	4.2	9:12	-0.3	9:47	-0.3	7:20	5:59	
26	Thu	3:32	3.5	3:57	4.0	10:00	-0.1	10:37	-0.1	7:21	5:57	
27	Fri	4:31	3.3	4:54	3.7	10:49	0.2	11:30	0.1	7:22	5:56	
28	Sat	5:31	3.2	5:51	3.5	11:42	0.5			7:23	5:55	
29	Sun	6:29	3.0	6:46	3.3	12:28	0.3	12:44	0.7	7:25	5:53	
30	Mon	7:23	3.0	7:39	3.2	1:29	0.5	1:49	0.8	7:26	5:52	
31	Tue	8:17	2.9	8:33	3.1	2:28	0.5	2:50	0.8	7:27	5:51	