

Poughkeepsie, NY - Nov 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:11	3.0	9:29	3.1	3:21	0.5	3:45	0.7	7:28	5:49	
2	Thu	10:05	3.1	10:22	3.1	4:09	0.4	4:35	0.6	7:29	5:48	
3	Fri	10:53	3.2	11:10	3.1	4:52	0.4	5:20	0.5	7:31	5:47	
4	Sat	11:35	3.4	11:52	3.2	5:32	0.3	6:04	0.4	7:32	5:46	
5	Sun	11:12	3.5	11:30	3.2	5:11	0.2	5:46	0.2	6:33	4:45	
6	Mon	11:45	3.6			5:50	0.2	6:28	0.2	6:34	4:43	
7	Tue	12:07	3.2	12:16	3.6	6:29	0.1	7:10	0.1	6:35	4:42	
8	Wed	12:42	3.2	12:44	3.6	7:07	0.1	7:49	0.1	6:37	4:41	
9	Thu	1:17	3.1	1:13	3.6	7:43	0.2	8:28	0.1	6:38	4:40	
10	Fri	1:54	3.0	1:47	3.6	8:19	0.2	9:08	0.2	6:39	4:39	
11	Sat	2:37	2.9	2:30	3.5	8:56	0.3	9:50	0.2	6:40	4:38	
12	Sun	3:30	2.9	3:23	3.4	9:37	0.4	10:40	0.3	6:41	4:37	
13	Mon	4:30	2.9	4:26	3.4	10:30	0.5	11:42	0.3	6:43	4:36	
14	Tue	5:30	3.0	5:31	3.3	11:43	0.5			6:44	4:35	
15	Wed	6:28	3.1	6:35	3.3	12:48	0.3	1:03	0.5	6:45	4:35	
16	Thu	7:29	3.3	7:41	3.3	1:50	0.1	2:13	0.3	6:46	4:34	
17	Fri	8:32	3.5	8:49	3.4	2:47	0.0	3:15	0.1	6:48	4:33	
18	Sat	9:32	3.7	9:52	3.5	3:40	-0.2	4:11	-0.2	6:49	4:32	
19	Sun	10:26	4.0	10:47	3.5	4:32	-0.4	5:06	-0.3	6:50	4:31	
20	Mon	11:16	4.1	11:38	3.6	5:22	-0.5	5:59	-0.5	6:51	4:31	
21	Tue			12:04	4.2	6:13	-0.5	6:50	-0.5	6:52	4:30	
22	Wed	12:28	3.5	12:51	4.1	7:02	-0.4	7:40	-0.5	6:53	4:30	
23	Thu	1:19	3.4	1:40	4.0	7:50	-0.3	8:28	-0.4	6:55	4:29	
24	Fri	2:12	3.3	2:31	3.8	8:37	-0.1	9:15	-0.3	6:56	4:28	
25	Sat	3:07	3.1	3:24	3.5	9:23	0.1	10:02	-0.1	6:57	4:28	
26	Sun	4:04	3.0	4:19	3.3	10:12	0.4	10:53	0.1	6:58	4:27	
27	Mon	4:59	2.9	5:12	3.1	11:06	0.6	11:47	0.3	6:59	4:27	
28	Tue	5:50	2.8	6:02	3.0			12:08	0.7	7:00	4:27	
29	Wed	6:40	2.8	6:52	2.8	12:43	0.4	1:10	0.8	7:01	4:26	
30	Thu	7:30	2.8	7:44	2.8	1:36	0.4	2:09	0.7	7:02	4:26	