

Poughkeepsie, NY - Jan 2091

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:18	2.9	9:44	2.5	3:15	0.2	4:04	0.3	7:22	4:36	
2	Tue	10:04	3.1	10:32	2.6	4:00	0.1	4:50	0.1	7:22	4:37	
3	Wed	10:45	3.3	11:14	2.8	4:45	0.0	5:36	-0.1	7:22	4:37	
4	Thu	11:23	3.4	11:55	2.9	5:30	-0.1	6:22	-0.3	7:22	4:38	
5	Fri			12:00	3.6	6:16	-0.2	7:07	-0.4	7:22	4:39	
6	Sat	12:36	2.9	12:40	3.6	7:02	-0.3	7:51	-0.5	7:22	4:40	
7	Sun	1:19	3.0	1:24	3.6	7:48	-0.4	8:34	-0.6	7:22	4:41	
8	Mon	2:07	3.1	2:13	3.6	8:34	-0.4	9:17	-0.6	7:22	4:42	
9	Tue	3:00	3.1	3:08	3.5	9:22	-0.4	10:04	-0.5	7:21	4:43	
10	Wed	3:58	3.1	4:07	3.3	10:15	-0.2	10:56	-0.4	7:21	4:44	
11	Thu	4:56	3.2	5:07	3.1	11:18	-0.1	11:56	-0.3	7:21	4:45	
12	Fri	5:53	3.2	6:06	3.0			12:29	0.0	7:21	4:47	
13	Sat	6:50	3.2	7:07	2.9	12:59	-0.2	1:38	0.0	7:20	4:48	
14	Sun	7:51	3.2	8:14	2.8	2:01	-0.2	2:42	-0.1	7:20	4:49	
15	Mon	8:55	3.3	9:21	2.8	2:59	-0.3	3:41	-0.2	7:19	4:50	
16	Tue	9:55	3.4	10:21	2.9	3:55	-0.3	4:36	-0.3	7:19	4:51	
17	Wed	10:48	3.5	11:13	2.9	4:47	-0.3	5:27	-0.4	7:18	4:52	
18	Thu	11:35	3.6			5:37	-0.4	6:17	-0.5	7:18	4:53	
19	Fri	12:01	3.0	12:19	3.6	6:26	-0.3	7:03	-0.5	7:17	4:55	
20	Sat	12:46	3.0	1:02	3.5	7:12	-0.3	7:46	-0.5	7:17	4:56	
21	Sun	1:30	3.0	1:45	3.4	7:55	-0.2	8:26	-0.4	7:16	4:57	
22	Mon	2:14	2.9	2:28	3.2	8:36	-0.1	9:04	-0.3	7:15	4:58	
23	Tue	2:59	2.8	3:12	3.0	9:15	0.0	9:41	-0.2	7:14	5:00	
24	Wed	3:44	2.7	3:56	2.9	9:54	0.2	10:17	0.0	7:14	5:01	
25	Thu	4:29	2.7	4:41	2.7	10:36	0.4	10:55	0.2	7:13	5:02	
26	Fri	5:12	2.6	5:25	2.5	11:28	0.5	11:39	0.3	7:12	5:03	
27	Sat	5:53	2.6	6:10	2.4			12:32	0.6	7:11	5:05	
28	Sun	6:35	2.6	6:59	2.3	12:34	0.4	1:37	0.6	7:10	5:06	
29	Mon	7:23	2.6	7:57	2.3	1:33	0.4	2:36	0.5	7:09	5:07	
30	Tue	8:20	2.7	9:01	2.4	2:31	0.3	3:30	0.3	7:08	5:08	
31	Wed	9:20	2.9	9:58	2.5	3:24	0.2	4:20	0.1	7:08	5:10	