

Poughkeepsie, NY - Mar 2091

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:29	2.9	9:22	2.6	2:49	0.3	3:47	0.2	6:29	5:46	
2	Fri	9:37	3.1	10:18	2.9	3:47	0.1	4:37	-0.1	6:27	5:47	
3	Sat	10:32	3.4	11:06	3.2	4:41	-0.2	5:26	-0.4	6:26	5:48	
4	Sun	11:21	3.6	11:52	3.4	5:34	-0.4	6:14	-0.6	6:24	5:49	
5	Mon			12:09	3.8	6:26	-0.6	7:02	-0.8	6:23	5:50	
6	Tue	12:39	3.6	12:57	3.8	7:17	-0.8	7:48	-0.9	6:21	5:52	
7	Wed	1:27	3.8	1:48	3.7	8:07	-0.8	8:34	-0.8	6:19	5:53	
8	Thu	2:19	3.8	2:42	3.6	8:57	-0.8	9:20	-0.7	6:18	5:54	
9	Fri	3:14	3.7	3:39	3.4	9:48	-0.6	10:10	-0.5	6:16	5:55	
10	Sat	4:12	3.6	4:39	3.2	10:45	-0.3	11:06	-0.2	6:14	5:56	
11	Sun	6:10	3.4	6:39	3.0			12:49	-0.1	7:13	6:57	
12	Mon	7:08	3.3	7:39	2.8	1:10	0.0	1:56	0.1	7:11	6:59	
13	Tue	8:08	3.1	8:42	2.7	2:17	0.2	3:02	0.1	7:09	7:00	
14	Wed	9:11	3.1	9:48	2.7	3:21	0.2	4:01	0.1	7:08	7:01	
15	Thu	10:15	3.1	10:48	2.8	4:19	0.2	4:54	0.0	7:06	7:02	
16	Fri	11:10	3.1	11:38	3.0	5:12	0.1	5:43	-0.1	7:04	7:03	
17	Sat	11:57	3.2			6:00	0.0	6:27	-0.1	7:03	7:04	
18	Sun	12:21	3.1	12:39	3.3	6:46	0.0	7:09	-0.2	7:01	7:05	
19	Mon	1:00	3.2	1:18	3.3	7:29	-0.1	7:48	-0.2	6:59	7:06	
20	Tue	1:37	3.3	1:56	3.3	8:10	-0.1	8:25	-0.2	6:57	7:08	
21	Wed	2:12	3.3	2:33	3.2	8:49	-0.1	9:00	-0.1	6:56	7:09	
22	Thu	2:46	3.2	3:09	3.0	9:25	-0.1	9:32	0.0	6:54	7:10	
23	Fri	3:17	3.2	3:46	2.9	10:00	0.1	10:01	0.1	6:52	7:11	
24	Sat	3:47	3.1	4:24	2.8	10:34	0.2	10:28	0.2	6:51	7:12	
25	Sun	4:16	3.0	5:05	2.6	11:08	0.3	10:58	0.4	6:49	7:13	
26	Mon	4:54	3.0	5:50	2.6	11:50	0.5	11:36	0.5	6:47	7:14	
27	Tue	5:40	2.9	6:40	2.5			12:55	0.6	6:46	7:15	
28	Wed	6:35	2.9	7:35	2.5	12:35	0.6	2:11	0.5	6:44	7:16	
29	Thu	7:36	3.0	8:39	2.6	2:03	0.6	3:17	0.4	6:42	7:18	
30	Fri	8:47	3.0	9:47	2.9	3:20	0.4	4:14	0.2	6:40	7:19	
31	Sat	10:02	3.2	10:48	3.2	4:23	0.2	5:06	-0.1	6:39	7:20	