

Poughkeepsie, NY - Jul 2021

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:10	4.1	1:42	3.4	8:01	-0.4	8:10	-0.1	5:25	8:34	
2	Mon	1:59	4.1	2:34	3.4	8:49	-0.4	8:59	0.0	5:26	8:34	
3	Tue	2:48	3.9	3:26	3.3	9:35	-0.3	9:45	0.2	5:26	8:33	
4	Wed	3:38	3.7	4:19	3.2	10:19	-0.2	10:31	0.4	5:27	8:33	
5	Thu	4:29	3.5	5:11	3.2	11:03	0.0	11:19	0.6	5:27	8:33	
6	Fri	5:20	3.3	6:01	3.1	11:48	0.2			5:28	8:33	
7	Sat	6:09	3.2	6:47	3.1	12:11	0.7	12:35	0.4	5:29	8:32	
8	Sun	6:56	3.0	7:31	3.1	1:09	0.9	1:25	0.5	5:29	8:32	
9	Mon	7:42	2.9	8:16	3.1	2:09	0.9	2:16	0.6	5:30	8:31	
10	Tue	8:32	2.8	9:05	3.2	3:06	0.9	3:05	0.6	5:31	8:31	
11	Wed	9:28	2.7	9:56	3.2	3:58	0.8	3:53	0.6	5:31	8:31	
12	Thu	10:25	2.7	10:45	3.4	4:47	0.6	4:39	0.5	5:32	8:30	
13	Fri	11:16	2.8	11:28	3.5	5:34	0.5	5:24	0.5	5:33	8:30	
14	Sat			12:01	2.9	6:19	0.3	6:10	0.4	5:34	8:29	
15	Sun	12:07	3.6	12:43	3.0	7:05	0.2	6:56	0.3	5:35	8:28	
16	Mon	12:44	3.8	1:23	3.1	7:49	0.0	7:42	0.2	5:35	8:28	
17	Tue	1:21	3.8	2:05	3.2	8:33	-0.1	8:28	0.1	5:36	8:27	
18	Wed	2:01	3.9	2:49	3.3	9:15	-0.2	9:14	0.1	5:37	8:26	
19	Thu	2:46	3.8	3:38	3.4	9:56	-0.2	10:00	0.1	5:38	8:26	
20	Fri	3:37	3.7	4:32	3.4	10:39	-0.2	10:49	0.2	5:39	8:25	
21	Sat	4:33	3.6	5:27	3.5	11:25	-0.1	11:46	0.3	5:40	8:24	
22	Sun	5:32	3.5	6:22	3.6			12:19	0.0	5:41	8:23	
23	Mon	6:31	3.4	7:17	3.7	12:53	0.4	1:19	0.1	5:42	8:22	
24	Tue	7:30	3.2	8:13	3.7	2:02	0.4	2:22	0.1	5:43	8:21	
25	Wed	8:32	3.2	9:15	3.8	3:08	0.3	3:23	0.1	5:43	8:20	
26	Thu	9:41	3.1	10:18	3.8	4:09	0.2	4:21	0.1	5:44	8:19	
27	Fri	10:47	3.2	11:15	3.9	5:06	0.1	5:16	0.1	5:45	8:18	
28	Sat	11:45	3.3			6:00	-0.1	6:09	0.0	5:46	8:17	
29	Sun	12:07	4.0	12:36	3.4	6:51	-0.1	7:01	0.0	5:47	8:16	
30	Mon	12:54	4.0	1:24	3.4	7:40	-0.2	7:51	0.1	5:48	8:15	
31	Tue	1:40	4.0	2:12	3.4	8:26	-0.2	8:38	0.1	5:49	8:14	