

Poughkeepsie, NY - Aug 2092

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:20	3.0	6:35	0.3	6:27	0.5	5:51	8:12	
2	Sat	12:26	3.6	1:00	3.1	7:18	0.2	7:12	0.4	5:52	8:11	
3	Sun	1:01	3.7	1:39	3.2	8:00	0.1	7:55	0.3	5:53	8:10	
4	Mon	1:35	3.7	2:16	3.2	8:40	0.0	8:38	0.3	5:54	8:09	
5	Tue	2:10	3.7	2:55	3.3	9:18	0.0	9:19	0.3	5:55	8:08	
6	Wed	2:47	3.7	3:36	3.3	9:55	0.0	10:00	0.3	5:56	8:06	
7	Thu	3:31	3.6	4:22	3.4	10:32	0.0	10:45	0.3	5:57	8:05	
8	Fri	4:21	3.5	5:13	3.5	11:12	0.1	11:37	0.4	5:58	8:04	
9	Sat	5:17	3.4	6:06	3.6			12:00	0.2	5:59	8:02	
10	Sun	6:16	3.2	7:01	3.6	12:43	0.5	1:00	0.3	6:00	8:01	
11	Mon	7:16	3.2	7:59	3.7	1:55	0.5	2:08	0.3	6:01	8:00	
12	Tue	8:21	3.1	9:03	3.8	3:04	0.4	3:14	0.3	6:02	7:58	
13	Wed	9:33	3.1	10:10	3.9	4:06	0.3	4:16	0.2	6:03	7:57	
14	Thu	10:43	3.2	11:11	4.0	5:04	0.1	5:14	0.1	6:04	7:55	
15	Fri	11:42	3.4			5:58	-0.1	6:09	0.0	6:05	7:54	
16	Sat	12:05	4.1	12:36	3.6	6:51	-0.2	7:03	-0.1	6:06	7:53	
17	Sun	12:55	4.1	1:25	3.7	7:41	-0.3	7:55	-0.1	6:07	7:51	
18	Mon	1:43	4.1	2:14	3.7	8:28	-0.3	8:44	0.0	6:08	7:50	
19	Tue	2:31	4.0	3:03	3.6	9:13	-0.3	9:31	0.1	6:09	7:48	
20	Wed	3:19	3.8	3:51	3.6	9:55	-0.1	10:16	0.2	6:10	7:47	
21	Thu	4:08	3.6	4:40	3.5	10:35	0.1	11:02	0.5	6:11	7:45	
22	Fri	4:58	3.4	5:29	3.4	11:16	0.3	11:51	0.7	6:12	7:43	
23	Sat	5:48	3.2	6:16	3.3	11:59	0.5			6:13	7:42	
24	Sun	6:37	3.0	7:01	3.2	12:48	0.8	12:48	0.7	6:14	7:40	
25	Mon	7:26	2.8	7:48	3.2	1:49	0.9	1:44	0.9	6:15	7:39	
26	Tue	8:18	2.7	8:38	3.2	2:48	0.9	2:41	0.9	6:16	7:37	
27	Wed	9:16	2.7	9:35	3.2	3:43	0.9	3:36	0.9	6:18	7:35	
28	Thu	10:15	2.8	10:30	3.3	4:33	0.7	4:26	0.8	6:19	7:34	
29	Fri	11:06	2.9	11:17	3.5	5:19	0.6	5:14	0.7	6:20	7:32	
30	Sat	11:51	3.1	11:57	3.6	6:03	0.4	6:00	0.5	6:21	7:31	
31	Sun			12:30	3.3	6:45	0.2	6:46	0.4	6:22	7:29	