

Poughkeepsie, NY - Jan 2093

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:20	3.2	3:39	3.6	9:38	-0.3	10:16	-0.6	7:22	4:36	
2	Fri	4:19	3.1	4:36	3.3	10:33	-0.1	11:09	-0.4	7:22	4:37	
3	Sat	5:15	3.0	5:31	3.1	11:34	0.1			7:22	4:38	
4	Sun	6:08	3.0	6:23	2.9	12:06	-0.2	12:39	0.3	7:22	4:39	
5	Mon	7:00	2.9	7:17	2.7	1:03	0.0	1:43	0.3	7:22	4:40	
6	Tue	7:53	2.9	8:13	2.6	1:57	0.1	2:41	0.3	7:22	4:41	
7	Wed	8:48	2.9	9:11	2.5	2:48	0.1	3:33	0.2	7:22	4:42	
8	Thu	9:40	3.0	10:04	2.6	3:34	0.1	4:21	0.1	7:22	4:43	
9	Fri	10:26	3.1	10:51	2.6	4:19	0.1	5:07	0.0	7:21	4:44	
10	Sat	11:08	3.2	11:34	2.7	5:02	0.1	5:51	-0.1	7:21	4:45	
11	Sun	11:46	3.2			5:44	0.0	6:34	-0.1	7:21	4:46	
12	Mon	12:14	2.7	12:21	3.3	6:26	0.0	7:14	-0.2	7:20	4:47	
13	Tue	12:53	2.7	12:55	3.2	7:07	0.0	7:53	-0.2	7:20	4:48	
14	Wed	1:31	2.7	1:26	3.2	7:45	0.0	8:29	-0.2	7:20	4:49	
15	Thu	2:09	2.7	1:57	3.1	8:21	0.0	9:03	-0.2	7:19	4:51	
16	Fri	2:46	2.6	2:31	3.1	8:56	0.1	9:37	-0.1	7:19	4:52	
17	Sat	3:25	2.7	3:11	3.0	9:32	0.1	10:11	-0.1	7:18	4:53	
18	Sun	4:08	2.7	4:00	2.9	10:14	0.2	10:51	0.0	7:17	4:54	
19	Mon	4:54	2.8	4:54	2.8	11:10	0.3	11:44	0.1	7:17	4:55	
20	Tue	5:44	2.9	5:51	2.7			12:27	0.3	7:16	4:56	
21	Wed	6:39	3.0	6:54	2.7	12:50	0.1	1:44	0.2	7:16	4:58	
22	Thu	7:42	3.2	8:06	2.6	1:58	0.0	2:52	0.0	7:15	4:59	
23	Fri	8:51	3.3	9:22	2.7	3:01	-0.1	3:52	-0.2	7:14	5:00	
24	Sat	9:57	3.5	10:26	2.9	4:00	-0.3	4:49	-0.4	7:13	5:01	
25	Sun	10:54	3.7	11:23	3.1	4:57	-0.5	5:44	-0.7	7:13	5:03	
26	Mon	11:47	3.9			5:53	-0.6	6:37	-0.8	7:12	5:04	
27	Tue	12:16	3.2	12:39	3.9	6:48	-0.7	7:28	-0.9	7:11	5:05	
28	Wed	1:09	3.3	1:30	3.8	7:40	-0.7	8:15	-0.9	7:10	5:06	
29	Thu	2:02	3.3	2:22	3.7	8:29	-0.6	9:01	-0.8	7:09	5:08	
30	Fri	2:55	3.2	3:15	3.5	9:18	-0.5	9:47	-0.6	7:08	5:09	
31	Sat	3:49	3.1	4:08	3.2	10:08	-0.2	10:34	-0.4	7:07	5:10	