

Poughkeepsie, NY - Aug 2093

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:21	3.0	8:06	3.6	2:11	0.7	2:15	0.5	5:51	8:13	
2	Sun	8:25	3.0	9:10	3.7	3:20	0.5	3:22	0.4	5:52	8:11	
3	Mon	9:39	3.0	10:17	3.9	4:21	0.3	4:24	0.2	5:53	8:10	
4	Tue	10:50	3.2	11:19	4.1	5:19	0.1	5:23	0.1	5:54	8:09	
5	Wed	11:51	3.4			6:14	-0.1	6:21	-0.1	5:55	8:08	
6	Thu	12:14	4.2	12:46	3.6	7:08	-0.3	7:18	-0.2	5:56	8:07	
7	Fri	1:07	4.3	1:40	3.7	8:00	-0.5	8:13	-0.3	5:57	8:05	
8	Sat	2:00	4.3	2:34	3.8	8:50	-0.5	9:05	-0.2	5:58	8:04	
9	Sun	2:53	4.2	3:30	3.8	9:38	-0.5	9:56	-0.1	5:59	8:03	
10	Mon	3:48	4.0	4:26	3.7	10:24	-0.4	10:48	0.1	6:00	8:01	
11	Tue	4:44	3.7	5:21	3.6	11:12	-0.2	11:42	0.3	6:01	8:00	
12	Wed	5:39	3.5	6:13	3.6			12:01	0.1	6:02	7:59	
13	Thu	6:32	3.3	7:03	3.5	12:42	0.5	12:55	0.4	6:03	7:57	
14	Fri	7:23	3.1	7:52	3.4	1:45	0.7	1:51	0.6	6:04	7:56	
15	Sat	8:16	2.9	8:44	3.3	2:46	0.7	2:47	0.7	6:05	7:54	
16	Sun	9:14	2.8	9:40	3.3	3:43	0.7	3:39	0.7	6:06	7:53	
17	Mon	10:13	2.8	10:34	3.4	4:34	0.6	4:29	0.7	6:07	7:51	
18	Tue	11:06	2.9	11:23	3.4	5:21	0.5	5:15	0.6	6:08	7:50	
19	Wed	11:53	3.0			6:05	0.4	6:00	0.6	6:09	7:48	
20	Thu	12:05	3.5	12:35	3.1	6:48	0.3	6:45	0.5	6:10	7:47	
21	Fri	12:43	3.6	1:14	3.2	7:29	0.2	7:28	0.4	6:11	7:45	
22	Sat	1:18	3.6	1:51	3.3	8:09	0.2	8:09	0.4	6:12	7:44	
23	Sun	1:50	3.6	2:27	3.3	8:45	0.1	8:49	0.4	6:13	7:42	
24	Mon	2:21	3.6	3:01	3.3	9:20	0.1	9:26	0.4	6:14	7:41	
25	Tue	2:53	3.5	3:36	3.4	9:52	0.2	10:04	0.4	6:15	7:39	
26	Wed	3:29	3.4	4:14	3.4	10:24	0.3	10:43	0.5	6:16	7:37	
27	Thu	4:14	3.3	4:59	3.4	10:57	0.3	11:31	0.6	6:17	7:36	
28	Fri	5:06	3.2	5:50	3.5	11:38	0.4			6:18	7:34	
29	Sat	6:05	3.1	6:45	3.6	12:35	0.7	12:35	0.5	6:19	7:33	
30	Sun	7:07	3.0	7:45	3.6	1:50	0.7	1:52	0.6	6:20	7:31	
31	Mon	8:14	3.0	8:52	3.7	3:01	0.5	3:06	0.5	6:21	7:29	