

Poughkeepsie, NY - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:21	4.0	4:06	3.3	10:17	-0.4	10:26	0.0	5:25	8:34	
2	Fri	4:21	3.9	5:08	3.4	11:07	-0.3	11:23	0.2	5:26	8:34	
3	Sat	5:22	3.8	6:07	3.5			12:02	-0.2	5:26	8:33	
4	Sun	6:21	3.6	7:02	3.5	12:28	0.3	12:59	-0.1	5:27	8:33	
5	Mon	7:17	3.4	7:56	3.6	1:36	0.4	1:58	0.0	5:27	8:33	
6	Tue	8:13	3.2	8:52	3.6	2:42	0.4	2:55	0.1	5:28	8:33	
7	Wed	9:13	3.1	9:50	3.6	3:43	0.3	3:49	0.1	5:29	8:32	
8	Thu	10:15	3.0	10:45	3.7	4:39	0.3	4:40	0.2	5:29	8:32	
9	Fri	11:12	3.0	11:34	3.7	5:31	0.2	5:29	0.2	5:30	8:31	
10	Sat			12:02	3.1	6:21	0.1	6:16	0.3	5:31	8:31	
11	Sun	12:18	3.7	12:49	3.1	7:08	0.1	7:03	0.3	5:32	8:30	
12	Mon	1:00	3.7	1:33	3.1	7:54	0.1	7:48	0.4	5:32	8:30	
13	Tue	1:40	3.7	2:17	3.1	8:36	0.1	8:30	0.4	5:33	8:29	
14	Wed	2:20	3.6	3:02	3.0	9:16	0.1	9:11	0.5	5:34	8:29	
15	Thu	3:00	3.5	3:48	3.0	9:54	0.2	9:49	0.6	5:35	8:28	
16	Fri	3:40	3.3	4:34	3.0	10:30	0.2	10:26	0.7	5:36	8:27	
17	Sat	4:21	3.2	5:19	3.0	11:05	0.4	11:04	0.8	5:36	8:27	
18	Sun	5:01	3.1	6:01	3.0	11:41	0.5	11:48	0.9	5:37	8:26	
19	Mon	5:41	3.0	6:39	3.0			12:19	0.6	5:38	8:25	
20	Tue	6:22	2.9	7:16	3.1	12:45	1.0	1:04	0.6	5:39	8:25	
21	Wed	7:07	2.8	7:56	3.2	1:53	0.9	1:58	0.7	5:40	8:24	
22	Thu	7:59	2.8	8:46	3.3	2:57	0.8	2:55	0.6	5:41	8:23	
23	Fri	9:02	2.8	9:44	3.5	3:56	0.7	3:51	0.5	5:42	8:22	
24	Sat	10:12	2.8	10:43	3.7	4:51	0.4	4:46	0.4	5:43	8:21	
25	Sun	11:14	3.0	11:37	4.0	5:44	0.2	5:41	0.2	5:44	8:20	
26	Mon			12:09	3.2	6:37	0.0	6:37	0.1	5:45	8:19	
27	Tue	12:28	4.2	1:00	3.4	7:29	-0.2	7:32	-0.1	5:46	8:18	
28	Wed	1:19	4.3	1:53	3.5	8:20	-0.4	8:27	-0.2	5:47	8:17	
29	Thu	2:12	4.2	2:49	3.6	9:09	-0.5	9:20	-0.2	5:48	8:16	
30	Fri	3:07	4.2	3:47	3.7	9:56	-0.5	10:13	-0.1	5:49	8:15	
31	Sat	4:05	4.0	4:46	3.7	10:45	-0.4	11:08	0.0	5:50	8:14	