

Poughkeepsie, NY - Jan 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:30	2.8	8:43	2.4	2:34	0.3	3:16	0.4	7:22	4:36	
2	Sun	9:21	3.0	9:41	2.4	3:20	0.3	4:06	0.2	7:22	4:37	
3	Mon	10:07	3.2	10:30	2.6	4:05	0.1	4:54	0.0	7:22	4:37	
4	Tue	10:49	3.4	11:15	2.7	4:51	0.0	5:42	-0.2	7:22	4:38	
5	Wed	11:31	3.6	11:59	2.8	5:38	-0.1	6:31	-0.4	7:22	4:39	
6	Thu			12:15	3.7	6:27	-0.3	7:18	-0.5	7:22	4:40	
7	Fri	12:44	2.9	1:01	3.8	7:17	-0.4	8:04	-0.6	7:22	4:41	
8	Sat	1:33	3.0	1:51	3.7	8:05	-0.4	8:50	-0.7	7:22	4:42	
9	Sun	2:27	3.0	2:46	3.6	8:54	-0.4	9:36	-0.6	7:21	4:43	
10	Mon	3:25	3.0	3:44	3.5	9:46	-0.3	10:26	-0.5	7:21	4:44	
11	Tue	4:24	3.1	4:43	3.3	10:45	-0.1	11:21	-0.4	7:21	4:45	
12	Wed	5:22	3.1	5:40	3.1	11:53	0.0			7:21	4:47	
13	Thu	6:18	3.1	6:38	2.9	12:20	-0.3	1:03	0.1	7:20	4:48	
14	Fri	7:16	3.1	7:38	2.8	1:21	-0.2	2:10	0.1	7:20	4:49	
15	Sat	8:17	3.2	8:44	2.7	2:20	-0.2	3:11	0.0	7:19	4:50	
16	Sun	9:19	3.2	9:47	2.7	3:16	-0.2	4:07	-0.1	7:19	4:51	
17	Mon	10:15	3.3	10:42	2.7	4:08	-0.1	4:59	-0.2	7:18	4:52	
18	Tue	11:03	3.3	11:31	2.8	4:59	-0.1	5:49	-0.3	7:18	4:53	
19	Wed	11:47	3.4			5:47	-0.1	6:36	-0.3	7:17	4:55	
20	Thu	12:16	2.8	12:29	3.4	6:33	-0.1	7:20	-0.4	7:17	4:56	
21	Fri	1:00	2.8	1:10	3.3	7:17	-0.1	8:01	-0.3	7:16	4:57	
22	Sat	1:43	2.8	1:50	3.2	7:58	-0.1	8:39	-0.3	7:15	4:58	
23	Sun	2:26	2.8	2:30	3.1	8:36	0.0	9:14	-0.2	7:14	5:00	
24	Mon	3:10	2.7	3:10	2.9	9:13	0.1	9:48	0.0	7:14	5:01	
25	Tue	3:54	2.7	3:50	2.7	9:49	0.3	10:22	0.1	7:13	5:02	
26	Wed	4:37	2.6	4:29	2.6	10:28	0.4	10:56	0.2	7:12	5:03	
27	Thu	5:17	2.6	5:10	2.5	11:17	0.6	11:37	0.3	7:11	5:05	
28	Fri	5:56	2.6	5:52	2.3			12:24	0.6	7:10	5:06	
29	Sat	6:37	2.6	6:42	2.3	12:32	0.4	1:35	0.6	7:09	5:07	
30	Sun	7:25	2.7	7:44	2.2	1:35	0.4	2:38	0.5	7:08	5:08	
31	Mon	8:26	2.9	8:58	2.3	2:35	0.4	3:34	0.2	7:07	5:10	