

Poughkeepsie, NY - Mar 2095

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:36	2.9	8:20	2.4	1:54	0.5	3:03	0.3	6:29	5:46	
2	Wed	8:52	3.1	9:33	2.6	3:04	0.3	4:00	0.1	6:27	5:47	
3	Thu	9:59	3.3	10:31	2.9	4:04	0.1	4:52	-0.2	6:26	5:48	
4	Fri	10:54	3.6	11:22	3.2	5:00	-0.2	5:42	-0.5	6:24	5:49	
5	Sat	11:44	3.8			5:54	-0.5	6:31	-0.7	6:22	5:51	
6	Sun	12:10	3.5	12:33	3.9	6:48	-0.7	7:19	-0.8	6:21	5:52	
7	Mon	12:58	3.6	1:22	3.8	7:39	-0.8	8:04	-0.9	6:19	5:53	
8	Tue	1:48	3.7	2:14	3.7	8:29	-0.8	8:49	-0.8	6:18	5:54	
9	Wed	2:40	3.7	3:08	3.5	9:19	-0.6	9:35	-0.6	6:16	5:55	
10	Thu	3:34	3.6	4:05	3.3	10:11	-0.4	10:24	-0.3	6:14	5:56	
11	Fri	4:31	3.5	5:03	3.0	11:10	-0.1	11:19	0.0	6:13	5:57	
12	Sat	5:27	3.3	6:01	2.8			12:16	0.1	6:11	5:59	
13	Sun	7:24	3.1	8:00	2.6	12:23	0.2	2:24	0.2	7:09	7:00	
14	Mon	8:24	2.9	9:04	2.6	2:30	0.4	3:28	0.3	7:08	7:01	
15	Tue	9:30	2.9	10:09	2.6	3:34	0.4	4:25	0.2	7:06	7:02	
16	Wed	10:33	2.9	11:06	2.7	4:30	0.4	5:16	0.1	7:04	7:03	
17	Thu	11:26	3.0	11:52	2.9	5:21	0.3	6:01	0.1	7:03	7:04	
18	Fri			12:10	3.1	6:07	0.2	6:43	0.0	7:01	7:05	
19	Sat	12:33	3.0	12:49	3.2	6:51	0.1	7:23	-0.1	6:59	7:06	
20	Sun	1:11	3.1	1:25	3.2	7:34	0.0	8:00	-0.1	6:57	7:08	
21	Mon	1:47	3.2	1:59	3.2	8:13	0.0	8:35	-0.1	6:56	7:09	
22	Tue	2:21	3.2	2:32	3.1	8:51	0.0	9:07	0.0	6:54	7:10	
23	Wed	2:53	3.2	3:03	2.9	9:26	0.0	9:36	0.1	6:52	7:11	
24	Thu	3:22	3.2	3:34	2.8	10:00	0.1	10:02	0.2	6:51	7:12	
25	Fri	3:50	3.1	4:07	2.7	10:33	0.2	10:27	0.3	6:49	7:13	
26	Sat	4:23	3.1	4:48	2.6	11:08	0.3	10:56	0.4	6:47	7:14	
27	Sun	5:05	3.0	5:39	2.5	11:55	0.4	11:38	0.6	6:45	7:15	
28	Mon	5:58	3.0	6:38	2.5			1:08	0.5	6:44	7:16	
29	Tue	6:58	3.0	7:42	2.5	12:45	0.7	2:27	0.5	6:42	7:18	
30	Wed	8:06	3.1	8:55	2.6	2:26	0.6	3:34	0.3	6:40	7:19	
31	Thu	9:23	3.2	10:08	2.9	3:43	0.4	4:32	0.1	6:39	7:20	