

## Poughkeepsie, NY - Jan 2006

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sun | 4:28  | 2.8 | 4:42  | 3.1 | 10:44 | 0.2  | 11:28 | -0.1 | 7:22                                                                                | 4:35 |    |
| 2    | Mon | 5:24  | 2.9 | 5:39  | 3.0 | 11:56 | 0.3  |       |      | 7:22                                                                                | 4:36 |    |
| 3    | Tue | 6:19  | 3.0 | 6:38  | 2.9 | 12:28 | -0.1 | 1:12  | 0.2  | 7:22                                                                                | 4:37 |    |
| 4    | Wed | 7:18  | 3.2 | 7:42  | 2.8 | 1:29  | -0.1 | 2:20  | 0.1  | 7:22                                                                                | 4:38 |    |
| 5    | Thu | 8:21  | 3.3 | 8:51  | 2.8 | 2:29  | -0.2 | 3:23  | 0.0  | 7:22                                                                                | 4:39 |    |
| 6    | Fri | 9:25  | 3.4 | 9:56  | 2.8 | 3:26  | -0.3 | 4:20  | -0.2 | 7:22                                                                                | 4:40 |    |
| 7    | Sat | 10:24 | 3.6 | 10:54 | 2.9 | 4:21  | -0.3 | 5:15  | -0.4 | 7:22                                                                                | 4:41 |    |
| 8    | Sun | 11:16 | 3.7 | 11:46 | 3.0 | 5:15  | -0.4 | 6:08  | -0.5 | 7:22                                                                                | 4:42 |    |
| 9    | Mon |       |     | 12:04 | 3.7 | 6:07  | -0.4 | 6:59  | -0.6 | 7:21                                                                                | 4:43 |    |
| 10   | Tue | 12:37 | 3.0 | 12:52 | 3.6 | 6:58  | -0.4 | 7:47  | -0.6 | 7:21                                                                                | 4:44 |    |
| 11   | Wed | 1:27  | 3.0 | 1:39  | 3.5 | 7:46  | -0.3 | 8:31  | -0.5 | 7:21                                                                                | 4:45 |    |
| 12   | Thu | 2:17  | 2.9 | 2:27  | 3.3 | 8:32  | -0.2 | 9:14  | -0.4 | 7:21                                                                                | 4:46 |    |
| 13   | Fri | 3:08  | 2.9 | 3:16  | 3.1 | 9:15  | 0.0  | 9:56  | -0.2 | 7:20                                                                                | 4:47 |   |
| 14   | Sat | 3:58  | 2.8 | 4:04  | 2.9 | 9:59  | 0.2  | 10:39 | 0.0  | 7:20                                                                                | 4:49 |  |
| 15   | Sun | 4:46  | 2.7 | 4:52  | 2.7 | 10:47 | 0.4  | 11:23 | 0.2  | 7:19                                                                                | 4:50 |  |
| 16   | Mon | 5:32  | 2.7 | 5:37  | 2.6 | 11:42 | 0.5  |       |      | 7:19                                                                                | 4:51 |  |
| 17   | Tue | 6:17  | 2.7 | 6:23  | 2.4 | 12:12 | 0.3  | 12:45 | 0.6  | 7:18                                                                                | 4:52 |  |
| 18   | Wed | 7:02  | 2.7 | 7:12  | 2.3 | 1:03  | 0.4  | 1:46  | 0.6  | 7:18                                                                                | 4:53 |  |
| 19   | Thu | 7:52  | 2.7 | 8:10  | 2.2 | 1:55  | 0.4  | 2:43  | 0.5  | 7:17                                                                                | 4:54 |  |
| 20   | Fri | 8:47  | 2.8 | 9:13  | 2.2 | 2:45  | 0.4  | 3:35  | 0.4  | 7:17                                                                                | 4:56 |  |
| 21   | Sat | 9:39  | 2.9 | 10:08 | 2.3 | 3:33  | 0.3  | 4:24  | 0.2  | 7:16                                                                                | 4:57 |  |
| 22   | Sun | 10:26 | 3.1 | 10:54 | 2.4 | 4:20  | 0.2  | 5:10  | 0.0  | 7:15                                                                                | 4:58 |  |
| 23   | Mon | 11:08 | 3.2 | 11:35 | 2.6 | 5:06  | 0.1  | 5:56  | -0.1 | 7:15                                                                                | 4:59 |  |
| 24   | Tue | 11:46 | 3.4 |       |     | 5:52  | 0.0  | 6:41  | -0.3 | 7:14                                                                                | 5:01 |  |
| 25   | Wed | 12:14 | 2.7 | 12:25 | 3.5 | 6:38  | -0.1 | 7:24  | -0.4 | 7:13                                                                                | 5:02 |  |
| 26   | Thu | 12:53 | 2.8 | 1:06  | 3.5 | 7:23  | -0.3 | 8:05  | -0.5 | 7:12                                                                                | 5:03 |  |
| 27   | Fri | 1:35  | 2.9 | 1:50  | 3.5 | 8:08  | -0.3 | 8:46  | -0.6 | 7:11                                                                                | 5:04 |  |
| 28   | Sat | 2:20  | 3.0 | 2:38  | 3.4 | 8:52  | -0.3 | 9:26  | -0.5 | 7:11                                                                                | 5:06 |  |
| 29   | Sun | 3:11  | 3.0 | 3:30  | 3.3 | 9:40  | -0.3 | 10:09 | -0.5 | 7:10                                                                                | 5:07 |  |
| 30   | Mon | 4:05  | 3.1 | 4:26  | 3.1 | 10:34 | -0.1 | 10:58 | -0.3 | 7:09                                                                                | 5:08 |  |
| 31   | Tue | 5:01  | 3.1 | 5:23  | 2.9 | 11:40 | 0.0  | 11:57 | -0.2 | 7:08                                                                                | 5:09 |  |