

Poughkeepsie, NY - Mar 2096

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:37	3.3	6:11	2.7			12:35	0.1	6:28	5:47	
2	Fri	6:37	3.2	7:16	2.6	12:40	0.1	1:46	0.2	6:26	5:48	
3	Sat	7:44	3.1	8:26	2.6	1:51	0.2	2:52	0.1	6:24	5:49	
4	Sun	8:56	3.0	9:35	2.7	2:56	0.2	3:50	0.0	6:23	5:50	
5	Mon	10:01	3.1	10:32	2.9	3:55	0.1	4:43	-0.1	6:21	5:51	
6	Tue	10:53	3.2	11:20	3.0	4:49	0.0	5:31	-0.2	6:20	5:53	
7	Wed	11:38	3.3			5:38	-0.1	6:16	-0.3	6:18	5:54	
8	Thu	12:03	3.1	12:19	3.3	6:25	-0.2	6:58	-0.3	6:16	5:55	
9	Fri	12:43	3.2	12:57	3.3	7:08	-0.2	7:36	-0.3	6:15	5:56	
10	Sat	1:21	3.2	1:35	3.2	7:48	-0.2	8:11	-0.2	6:13	5:57	
11	Sun	1:59	3.2	3:12	3.0	9:26	-0.1	9:43	-0.1	7:11	6:58	
12	Mon	3:36	3.2	3:50	2.9	10:02	0.0	10:13	0.1	7:10	6:59	
13	Tue	4:13	3.1	4:29	2.7	10:37	0.2	10:39	0.3	7:08	7:01	
14	Wed	4:50	3.0	5:10	2.5	11:13	0.3	11:04	0.4	7:06	7:02	
15	Thu	5:28	2.9	5:54	2.4	11:56	0.5	11:35	0.6	7:05	7:03	
16	Fri	6:09	2.8	6:41	2.3			12:58	0.6	7:03	7:04	
17	Sat	6:55	2.7	7:35	2.2	12:25	0.7	2:13	0.7	7:01	7:05	
18	Sun	7:50	2.7	8:40	2.3	1:58	0.8	3:19	0.6	7:00	7:06	
19	Mon	8:59	2.8	9:51	2.4	3:19	0.7	4:16	0.4	6:58	7:07	
20	Tue	10:11	3.0	10:50	2.7	4:20	0.5	5:06	0.2	6:56	7:08	
21	Wed	11:08	3.2	11:38	3.0	5:15	0.2	5:54	-0.1	6:54	7:10	
22	Thu	11:57	3.5			6:06	-0.1	6:40	-0.3	6:53	7:11	
23	Fri	12:21	3.3	12:42	3.7	6:57	-0.3	7:25	-0.5	6:51	7:12	
24	Sat	1:04	3.6	1:27	3.7	7:48	-0.5	8:10	-0.6	6:49	7:13	
25	Sun	1:48	3.8	2:14	3.7	8:37	-0.6	8:54	-0.7	6:48	7:14	
26	Mon	2:34	3.9	3:05	3.6	9:26	-0.6	9:37	-0.6	6:46	7:15	
27	Tue	3:24	3.9	3:59	3.4	10:16	-0.5	10:23	-0.4	6:44	7:16	
28	Wed	4:19	3.7	4:59	3.2	11:08	-0.3	11:13	-0.2	6:42	7:17	
29	Thu	5:18	3.6	6:01	3.0			12:09	-0.1	6:41	7:18	
30	Fri	6:20	3.4	7:03	2.8	12:12	0.1	1:17	0.1	6:39	7:19	
31	Sat	7:22	3.2	8:06	2.8	1:23	0.4	2:27	0.2	6:37	7:21	