

Poughkeepsie, NY - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:43	3.1	2:57	3.5	8:57	-0.3	9:43	-0.5	7:22	4:36	
2	Wed	3:41	3.0	3:53	3.3	9:48	-0.1	10:33	-0.3	7:22	4:37	
3	Thu	4:37	3.0	4:48	3.1	10:43	0.1	11:25	-0.1	7:22	4:38	
4	Fri	5:29	2.9	5:39	2.9	11:43	0.3			7:22	4:39	
5	Sat	6:18	2.9	6:29	2.7	12:19	0.0	12:46	0.4	7:22	4:40	
6	Sun	7:07	2.9	7:20	2.5	1:13	0.2	1:48	0.5	7:22	4:41	
7	Mon	7:58	2.9	8:16	2.4	2:04	0.3	2:45	0.4	7:22	4:42	
8	Tue	8:51	2.9	9:15	2.3	2:52	0.3	3:36	0.3	7:22	4:43	
9	Wed	9:43	3.0	10:09	2.4	3:38	0.3	4:24	0.2	7:21	4:44	
10	Thu	10:29	3.1	10:55	2.4	4:22	0.2	5:09	0.1	7:21	4:45	
11	Fri	11:11	3.2	11:37	2.5	5:05	0.2	5:53	0.0	7:21	4:46	
12	Sat	11:49	3.2			5:49	0.1	6:36	-0.1	7:20	4:47	
13	Sun	12:16	2.6	12:25	3.3	6:31	0.1	7:17	-0.2	7:20	4:48	
14	Mon	12:54	2.6	1:00	3.3	7:12	0.1	7:55	-0.2	7:20	4:49	
15	Tue	1:30	2.6	1:33	3.2	7:51	0.0	8:32	-0.3	7:19	4:51	
16	Wed	2:05	2.6	2:09	3.2	8:28	0.0	9:06	-0.2	7:19	4:52	
17	Thu	2:43	2.6	2:48	3.1	9:04	0.1	9:41	-0.2	7:18	4:53	
18	Fri	3:25	2.7	3:34	3.0	9:44	0.1	10:18	-0.1	7:17	4:54	
19	Sat	4:12	2.8	4:26	2.9	10:33	0.2	11:01	-0.1	7:17	4:55	
20	Sun	5:02	2.9	5:21	2.8	11:40	0.3	11:57	0.0	7:16	4:57	
21	Mon	5:55	3.0	6:19	2.6			1:00	0.3	7:16	4:58	
22	Tue	6:53	3.1	7:25	2.6	1:03	0.0	2:13	0.2	7:15	4:59	
23	Wed	8:00	3.2	8:40	2.6	2:11	0.0	3:18	0.0	7:14	5:00	
24	Thu	9:13	3.3	9:52	2.7	3:15	-0.1	4:18	-0.2	7:13	5:01	
25	Fri	10:18	3.5	10:53	2.9	4:16	-0.3	5:14	-0.4	7:12	5:03	
26	Sat	11:14	3.6	11:47	3.0	5:13	-0.4	6:08	-0.6	7:12	5:04	
27	Sun			12:06	3.7	6:09	-0.5	6:59	-0.7	7:11	5:05	
28	Mon	12:39	3.1	12:56	3.7	7:02	-0.5	7:47	-0.8	7:10	5:06	
29	Tue	1:30	3.2	1:45	3.6	7:52	-0.5	8:32	-0.7	7:09	5:08	
30	Wed	2:20	3.2	2:34	3.4	8:39	-0.4	9:15	-0.6	7:08	5:09	
31	Thu	3:11	3.1	3:24	3.2	9:25	-0.2	9:58	-0.4	7:07	5:10	