

Poughkeepsie, NY - Jun 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:17	3.1	6:20	2.6			12:09	0.5	5:23	8:24	
2	Sun	6:05	3.0	7:01	2.7			1:02	0.5	5:22	8:25	
3	Mon	6:54	3.0	7:44	2.9	1:12	1.0	1:57	0.5	5:22	8:25	
4	Tue	7:46	3.0	8:32	3.1	2:27	0.9	2:49	0.4	5:22	8:26	
5	Wed	8:45	3.0	9:26	3.4	3:31	0.7	3:40	0.3	5:21	8:27	
6	Thu	9:50	3.0	10:21	3.7	4:28	0.4	4:29	0.1	5:21	8:27	
7	Fri	10:52	3.1	11:14	3.9	5:23	0.2	5:19	0.0	5:21	8:28	
8	Sat	11:48	3.2			6:17	-0.1	6:11	-0.1	5:21	8:29	
9	Sun	12:04	4.1	12:41	3.3	7:11	-0.3	7:05	-0.2	5:21	8:29	
10	Mon	12:55	4.2	1:35	3.3	8:05	-0.4	8:00	-0.2	5:20	8:30	
11	Tue	1:47	4.2	2:33	3.3	8:58	-0.4	8:55	-0.1	5:20	8:30	
12	Wed	2:44	4.1	3:34	3.3	9:49	-0.4	9:49	0.0	5:20	8:31	
13	Thu	3:45	4.0	4:37	3.3	10:40	-0.3	10:43	0.1	5:20	8:31	
14	Fri	4:48	3.8	5:39	3.3	11:35	-0.2	11:43	0.3	5:20	8:32	
15	Sat	5:48	3.6	6:35	3.3			12:32	0.0	5:20	8:32	
16	Sun	6:45	3.4	7:28	3.4	12:48	0.5	1:30	0.1	5:20	8:32	
17	Mon	7:38	3.2	8:20	3.4	1:55	0.6	2:26	0.2	5:20	8:33	
18	Tue	8:32	3.0	9:13	3.4	2:57	0.6	3:18	0.2	5:21	8:33	
19	Wed	9:29	2.9	10:05	3.4	3:54	0.5	4:06	0.3	5:21	8:33	
20	Thu	10:25	2.8	10:53	3.5	4:45	0.5	4:50	0.4	5:21	8:33	
21	Fri	11:17	2.8	11:37	3.6	5:33	0.4	5:33	0.4	5:21	8:34	
22	Sat			12:03	2.8	6:19	0.3	6:15	0.5	5:22	8:34	
23	Sun	12:17	3.6	12:45	2.8	7:04	0.2	6:57	0.5	5:22	8:34	
24	Mon	12:55	3.6	1:27	2.8	7:47	0.2	7:40	0.5	5:22	8:34	
25	Tue	1:33	3.6	2:08	2.8	8:28	0.2	8:21	0.6	5:23	8:34	
26	Wed	2:09	3.5	2:50	2.8	9:08	0.2	9:00	0.6	5:23	8:34	
27	Thu	2:46	3.4	3:34	2.8	9:45	0.2	9:37	0.7	5:23	8:34	
28	Fri	3:22	3.4	4:17	2.8	10:21	0.2	10:12	0.7	5:24	8:34	
29	Sat	4:01	3.3	5:00	2.8	10:56	0.3	10:49	0.8	5:24	8:34	
30	Sun	4:43	3.2	5:40	2.9	11:33	0.3	11:33	0.8	5:25	8:34	