

Poughkeepsie, NY - Jan 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:44	3.3			5:44	0.1	6:30	-0.1	7:22	4:36	
2	Thu	12:11	2.6	12:23	3.3	6:27	0.1	7:12	-0.1	7:22	4:37	
3	Fri	12:51	2.6	1:00	3.3	7:08	0.1	7:51	-0.1	7:22	4:38	
4	Sat	1:31	2.6	1:37	3.2	7:47	0.2	8:28	-0.1	7:22	4:39	
5	Sun	2:11	2.5	2:13	3.1	8:23	0.2	9:03	-0.1	7:22	4:40	
6	Mon	2:52	2.5	2:49	3.0	8:57	0.3	9:36	0.0	7:22	4:41	
7	Tue	3:32	2.5	3:25	2.8	9:30	0.4	10:08	0.1	7:22	4:42	
8	Wed	4:10	2.5	4:06	2.7	10:07	0.5	10:42	0.1	7:22	4:43	
9	Thu	4:49	2.6	4:52	2.6	10:54	0.6	11:24	0.2	7:21	4:44	
10	Fri	5:30	2.7	5:41	2.6			12:06	0.6	7:21	4:45	
11	Sat	6:16	2.8	6:37	2.5	12:18	0.2	1:27	0.5	7:21	4:46	
12	Sun	7:10	3.0	7:43	2.4	1:22	0.2	2:36	0.3	7:20	4:47	
13	Mon	8:15	3.1	8:57	2.5	2:26	0.1	3:37	0.1	7:20	4:48	
14	Tue	9:23	3.4	10:05	2.6	3:27	-0.1	4:34	-0.1	7:20	4:49	
15	Wed	10:25	3.6	11:03	2.8	4:26	-0.2	5:29	-0.4	7:19	4:50	
16	Thu	11:21	3.8	11:57	3.0	5:24	-0.4	6:23	-0.6	7:19	4:51	
17	Fri			12:14	3.9	6:21	-0.6	7:15	-0.8	7:18	4:53	
18	Sat	12:50	3.2	1:07	3.9	7:16	-0.7	8:04	-0.9	7:18	4:54	
19	Sun	1:44	3.2	2:00	3.8	8:08	-0.7	8:51	-0.8	7:17	4:55	
20	Mon	2:40	3.3	2:55	3.6	8:59	-0.6	9:38	-0.7	7:16	4:56	
21	Tue	3:36	3.3	3:50	3.4	9:50	-0.4	10:26	-0.5	7:16	4:57	
22	Wed	4:31	3.2	4:45	3.1	10:45	-0.1	11:17	-0.3	7:15	4:59	
23	Thu	5:24	3.1	5:38	2.8	11:47	0.1			7:14	5:00	
24	Fri	6:14	3.0	6:30	2.6	12:13	-0.1	12:52	0.3	7:13	5:01	
25	Sat	7:05	2.9	7:26	2.4	1:10	0.1	1:56	0.3	7:13	5:02	
26	Sun	8:01	2.9	8:28	2.3	2:06	0.3	2:55	0.3	7:12	5:04	
27	Mon	8:59	2.9	9:31	2.3	3:00	0.3	3:49	0.2	7:11	5:05	
28	Tue	9:55	2.9	10:25	2.3	3:50	0.3	4:37	0.2	7:10	5:06	
29	Wed	10:44	3.0	11:11	2.5	4:37	0.3	5:23	0.1	7:09	5:07	
30	Thu	11:26	3.1	11:52	2.6	5:22	0.2	6:06	0.0	7:08	5:09	
31	Fri			12:05	3.2	6:07	0.1	6:47	-0.1	7:07	5:10	