

Poughkeepsie, NY - Aug 2098

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:21	3.8	5:05	3.7	11:00	-0.3	11:22	0.2	5:51	8:13	
2	Sat	5:18	3.6	6:00	3.7	11:50	-0.1			5:52	8:12	
3	Sun	6:13	3.3	6:52	3.7	12:22	0.4	12:44	0.1	5:53	8:10	
4	Mon	7:07	3.1	7:42	3.6	1:26	0.5	1:41	0.4	5:54	8:09	
5	Tue	8:02	2.9	8:36	3.5	2:31	0.6	2:39	0.5	5:55	8:08	
6	Wed	9:02	2.7	9:33	3.4	3:32	0.6	3:35	0.6	5:56	8:07	
7	Thu	10:05	2.7	10:30	3.4	4:27	0.6	4:27	0.7	5:57	8:06	
8	Fri	11:03	2.7	11:22	3.5	5:18	0.5	5:16	0.7	5:58	8:04	
9	Sat	11:53	2.8			6:04	0.4	6:03	0.6	5:59	8:03	
10	Sun	12:07	3.6	12:36	3.0	6:49	0.4	6:48	0.6	6:00	8:02	
11	Mon	12:47	3.6	1:16	3.1	7:30	0.3	7:32	0.5	6:01	8:00	
12	Tue	1:25	3.6	1:54	3.1	8:10	0.2	8:14	0.5	6:02	7:59	
13	Wed	2:01	3.6	2:32	3.2	8:46	0.2	8:53	0.5	6:03	7:57	
14	Thu	2:35	3.5	3:07	3.2	9:19	0.2	9:29	0.6	6:04	7:56	
15	Fri	3:08	3.4	3:40	3.2	9:50	0.2	10:03	0.6	6:05	7:55	
16	Sat	3:40	3.2	4:11	3.2	10:18	0.3	10:37	0.7	6:06	7:53	
17	Sun	4:16	3.1	4:45	3.2	10:45	0.4	11:16	0.8	6:07	7:52	
18	Mon	4:59	3.0	5:26	3.3	11:16	0.5			6:08	7:50	
19	Tue	5:48	2.9	6:13	3.4	12:08	0.9	11:57 AM	0.6	6:09	7:49	
20	Wed	6:44	2.8	7:07	3.4	1:24	0.9	12:56	0.7	6:10	7:47	
21	Thu	7:46	2.7	8:09	3.5	2:42	0.8	2:16	0.7	6:11	7:46	
22	Fri	8:59	2.8	9:23	3.6	3:49	0.7	3:32	0.6	6:12	7:44	
23	Sat	10:15	2.9	10:36	3.8	4:48	0.4	4:39	0.4	6:13	7:43	
24	Sun	11:19	3.2	11:37	4.0	5:42	0.2	5:39	0.2	6:14	7:41	
25	Mon			12:14	3.5	6:34	-0.1	6:37	0.0	6:15	7:39	
26	Tue	12:31	4.2	1:06	3.7	7:25	-0.3	7:33	-0.2	6:16	7:38	
27	Wed	1:21	4.2	1:56	3.9	8:14	-0.4	8:27	-0.2	6:17	7:36	
28	Thu	2:11	4.1	2:47	4.0	9:00	-0.5	9:18	-0.2	6:18	7:35	
29	Fri	3:02	4.0	3:39	4.0	9:45	-0.4	10:07	-0.1	6:19	7:33	
30	Sat	3:56	3.7	4:33	3.9	10:29	-0.2	10:58	0.1	6:20	7:31	
31	Sun	4:51	3.5	5:26	3.8	11:15	0.1	11:54	0.4	6:21	7:30	