

Poughkeepsie, NY - Sep 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:48	3.2	6:19	3.6			12:06	0.4	6:22	7:28	
2	Tue	6:43	3.0	7:11	3.5	12:56	0.6	1:04	0.7	6:23	7:26	
3	Wed	7:39	2.8	8:04	3.3	2:02	0.7	2:07	0.9	6:24	7:25	
4	Thu	8:38	2.7	9:03	3.3	3:05	0.8	3:08	0.9	6:25	7:23	
5	Fri	9:41	2.7	10:03	3.3	4:02	0.7	4:04	0.9	6:26	7:21	
6	Sat	10:40	2.8	10:57	3.4	4:51	0.7	4:54	0.8	6:27	7:20	
7	Sun	11:29	2.9	11:43	3.5	5:36	0.5	5:41	0.7	6:28	7:18	
8	Mon			12:11	3.1	6:17	0.4	6:25	0.6	6:29	7:16	
9	Tue	12:23	3.5	12:48	3.3	6:57	0.3	7:07	0.5	6:30	7:14	
10	Wed	12:59	3.6	1:23	3.4	7:34	0.2	7:48	0.5	6:31	7:13	
11	Thu	1:32	3.6	1:55	3.4	8:10	0.2	8:28	0.4	6:32	7:11	
12	Fri	2:04	3.5	2:24	3.5	8:43	0.2	9:05	0.4	6:33	7:09	
13	Sat	2:34	3.4	2:51	3.5	9:14	0.3	9:40	0.5	6:34	7:08	
14	Sun	3:06	3.2	3:20	3.5	9:42	0.3	10:16	0.6	6:35	7:06	
15	Mon	3:43	3.1	3:57	3.5	10:11	0.4	10:56	0.7	6:36	7:04	
16	Tue	4:29	3.0	4:45	3.5	10:44	0.5	11:48	0.8	6:37	7:02	
17	Wed	5:27	2.8	5:42	3.5	11:28	0.7			6:38	7:01	
18	Thu	6:31	2.8	6:46	3.5	1:04	0.8	12:33	0.8	6:39	6:59	
19	Fri	7:38	2.8	7:55	3.5	2:23	0.8	2:05	0.8	6:40	6:57	
20	Sat	8:51	2.9	9:11	3.6	3:30	0.6	3:24	0.6	6:41	6:55	
21	Sun	10:03	3.1	10:23	3.8	4:28	0.4	4:30	0.4	6:43	6:54	
22	Mon	11:05	3.4	11:23	3.9	5:21	0.1	5:28	0.1	6:44	6:52	
23	Tue	11:58	3.8			6:11	-0.1	6:24	-0.1	6:45	6:50	
24	Wed	12:15	4.0	12:46	4.0	6:59	-0.3	7:17	-0.2	6:46	6:48	
25	Thu	1:03	4.1	1:33	4.2	7:46	-0.4	8:09	-0.2	6:47	6:47	
26	Fri	1:50	4.0	2:20	4.2	8:32	-0.4	8:58	-0.2	6:48	6:45	
27	Sat	2:38	3.8	3:08	4.1	9:16	-0.2	9:46	-0.1	6:49	6:43	
28	Sun	3:29	3.5	3:57	3.9	9:58	0.0	10:34	0.1	6:50	6:42	
29	Mon	4:24	3.3	4:50	3.7	10:42	0.3	11:25	0.4	6:51	6:40	
30	Tue	5:21	3.1	5:44	3.5	11:28	0.6			6:52	6:38	