

Poughkeepsie, NY - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:18	2.7	7:38	2.3	1:24	0.4	2:27	0.6	7:22	4:36	
2	Fri	8:08	2.8	8:42	2.3	2:17	0.3	3:22	0.4	7:22	4:37	
3	Sat	9:05	3.0	9:44	2.4	3:08	0.2	4:13	0.2	7:22	4:37	
4	Sun	9:59	3.3	10:37	2.6	3:59	0.1	5:04	0.0	7:22	4:38	
5	Mon	10:48	3.5	11:25	2.7	4:50	-0.1	5:54	-0.3	7:22	4:39	
6	Tue	11:36	3.7			5:42	-0.2	6:44	-0.4	7:22	4:40	
7	Wed	12:13	2.9	12:24	3.8	6:35	-0.4	7:32	-0.6	7:22	4:41	
8	Thu	1:02	3.0	1:14	3.8	7:28	-0.5	8:19	-0.7	7:22	4:42	
9	Fri	1:55	3.1	2:07	3.7	8:19	-0.5	9:05	-0.7	7:21	4:43	
10	Sat	2:51	3.1	3:03	3.6	9:09	-0.5	9:52	-0.6	7:21	4:44	
11	Sun	3:49	3.2	4:01	3.4	10:03	-0.3	10:42	-0.5	7:21	4:45	
12	Mon	4:46	3.2	4:58	3.1	11:03	-0.1	11:37	-0.3	7:21	4:47	
13	Tue	5:41	3.2	5:54	2.9			12:10	0.1	7:20	4:48	
14	Wed	6:35	3.2	6:51	2.7	12:36	-0.2	1:19	0.1	7:20	4:49	
15	Thu	7:32	3.1	7:53	2.5	1:37	-0.1	2:24	0.1	7:19	4:50	
16	Fri	8:32	3.1	9:00	2.4	2:35	0.0	3:24	0.1	7:19	4:51	
17	Sat	9:33	3.1	10:03	2.5	3:30	0.1	4:18	0.0	7:18	4:52	
18	Sun	10:27	3.2	10:55	2.5	4:22	0.1	5:09	-0.1	7:18	4:54	
19	Mon	11:14	3.2	11:41	2.6	5:11	0.1	5:56	-0.1	7:17	4:55	
20	Tue	11:57	3.3			5:58	0.0	6:41	-0.2	7:17	4:56	
21	Wed	12:24	2.7	12:37	3.3	6:43	0.0	7:22	-0.2	7:16	4:57	
22	Thu	1:04	2.7	1:16	3.2	7:25	0.0	8:00	-0.2	7:15	4:58	
23	Fri	1:45	2.7	1:54	3.1	8:04	0.0	8:35	-0.2	7:14	5:00	
24	Sat	2:25	2.7	2:32	3.0	8:40	0.1	9:08	-0.1	7:14	5:01	
25	Sun	3:04	2.7	3:09	2.8	9:15	0.2	9:38	0.0	7:13	5:02	
26	Mon	3:42	2.6	3:46	2.7	9:48	0.3	10:06	0.1	7:12	5:03	
27	Tue	4:18	2.6	4:23	2.5	10:25	0.5	10:35	0.2	7:11	5:05	
28	Wed	4:52	2.6	5:05	2.4	11:12	0.6	11:12	0.3	7:10	5:06	
29	Thu	5:29	2.7	5:51	2.3			12:25	0.6	7:09	5:07	
30	Fri	6:13	2.7	6:46	2.2	12:05	0.4	1:42	0.6	7:08	5:08	
31	Sat	7:08	2.8	7:55	2.2	1:17	0.4	2:48	0.4	7:07	5:10	