

Poughkeepsie, NY - Sep 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:09	3.5	2:34	3.4	8:46	0.2	9:04	0.5	6:22	7:28	
2	Wed	2:44	3.4	3:08	3.4	9:18	0.3	9:40	0.5	6:23	7:27	
3	Thu	3:19	3.2	3:40	3.3	9:47	0.4	10:15	0.7	6:24	7:25	
4	Fri	3:54	3.1	4:10	3.3	10:13	0.5	10:49	0.8	6:25	7:23	
5	Sat	4:32	2.9	4:43	3.3	10:38	0.6	11:28	0.9	6:26	7:22	
6	Sun	5:16	2.7	5:24	3.2	11:09	0.8			6:27	7:20	
7	Mon	6:07	2.6	6:14	3.2	12:25	1.0	11:52 AM	0.9	6:28	7:18	
8	Tue	7:03	2.6	7:10	3.3	1:45	1.0	12:58	1.0	6:29	7:17	
9	Wed	8:06	2.6	8:16	3.4	2:57	0.9	2:29	0.9	6:30	7:15	
10	Thu	9:18	2.7	9:31	3.5	3:58	0.7	3:43	0.7	6:31	7:13	
11	Fri	10:26	3.0	10:39	3.7	4:51	0.5	4:45	0.5	6:32	7:11	
12	Sat	11:21	3.3	11:35	3.9	5:40	0.2	5:42	0.2	6:33	7:10	
13	Sun			12:10	3.7	6:28	-0.1	6:37	0.0	6:34	7:08	
14	Mon	12:24	4.1	12:57	4.0	7:15	-0.3	7:31	-0.2	6:35	7:06	
15	Tue	1:12	4.1	1:44	4.2	8:02	-0.4	8:23	-0.3	6:36	7:04	
16	Wed	2:01	4.1	2:33	4.2	8:47	-0.4	9:14	-0.3	6:37	7:03	
17	Thu	2:52	3.9	3:25	4.2	9:32	-0.3	10:04	-0.2	6:38	7:01	
18	Fri	3:47	3.6	4:20	4.1	10:18	-0.1	10:57	0.1	6:39	6:59	
19	Sat	4:46	3.4	5:18	3.9	11:07	0.2	11:55	0.3	6:40	6:58	
20	Sun	5:48	3.2	6:17	3.7			12:03	0.5	6:41	6:56	
21	Mon	6:50	3.0	7:15	3.5	1:02	0.5	1:10	0.7	6:42	6:54	
22	Tue	7:50	2.9	8:15	3.4	2:11	0.6	2:20	0.9	6:43	6:52	
23	Wed	8:54	2.8	9:17	3.3	3:15	0.6	3:24	0.9	6:44	6:51	
24	Thu	9:57	2.9	10:17	3.3	4:10	0.6	4:20	0.8	6:45	6:49	
25	Fri	10:52	3.0	11:09	3.4	4:59	0.5	5:10	0.7	6:46	6:47	
26	Sat	11:38	3.2	11:52	3.5	5:41	0.4	5:55	0.6	6:47	6:45	
27	Sun			12:17	3.4	6:21	0.3	6:38	0.5	6:48	6:44	
28	Mon	12:30	3.5	12:52	3.5	6:58	0.3	7:20	0.4	6:50	6:42	
29	Tue	1:05	3.5	1:25	3.6	7:34	0.2	8:00	0.4	6:51	6:40	
30	Wed	1:39	3.4	1:56	3.6	8:09	0.3	8:39	0.4	6:52	6:38	