

Poughkeepsie, NY - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:13	3.3	2:24	3.6	8:41	0.3	9:15	0.4	6:53	6:37	
2	Fri	2:45	3.1	2:49	3.5	9:10	0.4	9:50	0.5	6:54	6:35	
3	Sat	3:18	3.0	3:17	3.4	9:38	0.5	10:25	0.6	6:55	6:33	
4	Sun	3:55	2.8	3:52	3.4	10:06	0.7	11:04	0.8	6:56	6:32	
5	Mon	4:43	2.7	4:40	3.3	10:39	0.8	11:57	0.9	6:57	6:30	
6	Tue	5:43	2.6	5:40	3.3	11:24	0.9			6:58	6:28	
7	Wed	6:46	2.6	6:46	3.3	1:15	0.9	12:34	1.0	6:59	6:27	
8	Thu	7:49	2.7	7:54	3.4	2:28	0.8	2:12	0.9	7:00	6:25	
9	Fri	8:56	2.9	9:07	3.5	3:29	0.6	3:27	0.7	7:01	6:23	
10	Sat	10:01	3.2	10:15	3.6	4:22	0.3	4:29	0.4	7:02	6:22	
11	Sun	10:57	3.6	11:13	3.8	5:11	0.1	5:26	0.1	7:04	6:20	
12	Mon	11:47	3.9			5:58	-0.2	6:20	-0.1	7:05	6:19	
13	Tue	12:04	3.9	12:34	4.2	6:45	-0.3	7:14	-0.3	7:06	6:17	
14	Wed	12:52	3.9	1:21	4.3	7:33	-0.4	8:06	-0.4	7:07	6:15	
15	Thu	1:41	3.8	2:08	4.3	8:20	-0.4	8:57	-0.3	7:08	6:14	
16	Fri	2:32	3.7	2:58	4.2	9:07	-0.2	9:47	-0.2	7:09	6:12	
17	Sat	3:27	3.4	3:52	4.0	9:54	0.0	10:37	0.0	7:10	6:11	
18	Sun	4:27	3.2	4:51	3.8	10:42	0.3	11:33	0.3	7:11	6:09	
19	Mon	5:31	3.0	5:52	3.5	11:37	0.6			7:13	6:08	
20	Tue	6:32	2.9	6:51	3.3	12:35	0.5	12:43	0.8	7:14	6:06	
21	Wed	7:31	2.8	7:48	3.2	1:42	0.6	1:54	1.0	7:15	6:05	
22	Thu	8:29	2.8	8:45	3.1	2:44	0.6	2:59	0.9	7:16	6:03	
23	Fri	9:26	2.9	9:43	3.1	3:38	0.6	3:55	0.8	7:17	6:02	
24	Sat	10:20	3.0	10:35	3.1	4:24	0.5	4:45	0.7	7:18	6:00	
25	Sun	11:06	3.2	11:20	3.2	5:05	0.4	5:29	0.6	7:20	5:59	
26	Mon	11:45	3.4			5:43	0.3	6:12	0.5	7:21	5:58	
27	Tue	12:00	3.2	12:20	3.5	6:20	0.3	6:54	0.4	7:22	5:56	
28	Wed	12:36	3.2	12:52	3.6	6:56	0.3	7:35	0.3	7:23	5:55	
29	Thu	1:11	3.2	1:21	3.6	7:31	0.3	8:15	0.3	7:24	5:53	
30	Fri	1:45	3.1	1:47	3.6	8:06	0.3	8:53	0.3	7:25	5:52	
31	Sat	2:19	3.0	2:14	3.6	8:40	0.4	9:31	0.3	7:27	5:51	