

Poughkeepsie, NY - Dec 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:25	2.7	2:16	3.4	8:37	0.3	9:39	0.1	7:03	4:26	
2	Wed	3:20	2.6	3:11	3.4	9:21	0.3	10:27	0.1	7:04	4:25	
3	Thu	4:19	2.7	4:14	3.3	10:14	0.4	11:23	0.2	7:05	4:25	
4	Fri	5:18	2.8	5:17	3.2	11:22	0.5			7:06	4:25	
5	Sat	6:13	3.0	6:17	3.1	12:24	0.1	12:41	0.4	7:07	4:25	
6	Sun	7:09	3.2	7:19	3.0	1:24	0.1	1:53	0.3	7:08	4:25	
7	Mon	8:09	3.4	8:24	3.0	2:20	-0.1	2:57	0.1	7:09	4:25	
8	Tue	9:09	3.6	9:29	3.0	3:13	-0.2	3:54	-0.1	7:10	4:25	
9	Wed	10:05	3.8	10:28	3.1	4:05	-0.3	4:49	-0.2	7:11	4:25	
10	Thu	10:56	3.9	11:20	3.1	4:56	-0.3	5:42	-0.4	7:11	4:25	
11	Fri	11:44	3.9			5:47	-0.3	6:35	-0.4	7:12	4:25	
12	Sat	12:11	3.1	12:31	3.9	6:38	-0.3	7:25	-0.4	7:13	4:25	
13	Sun	1:01	3.0	1:19	3.8	7:28	-0.2	8:12	-0.4	7:14	4:25	
14	Mon	1:53	2.9	2:08	3.6	8:15	0.0	8:58	-0.3	7:15	4:25	
15	Tue	2:47	2.8	3:00	3.4	9:00	0.1	9:42	-0.1	7:15	4:26	
16	Wed	3:42	2.7	3:53	3.2	9:45	0.3	10:28	0.1	7:16	4:26	
17	Thu	4:35	2.7	4:44	3.0	10:35	0.5	11:16	0.2	7:17	4:26	
18	Fri	5:25	2.6	5:33	2.8	11:32	0.7			7:17	4:27	
19	Sat	6:12	2.6	6:20	2.6	12:07	0.3	12:36	0.8	7:18	4:27	
20	Sun	6:57	2.7	7:08	2.5	12:58	0.4	1:38	0.8	7:18	4:27	
21	Mon	7:45	2.7	8:01	2.4	1:47	0.4	2:35	0.7	7:19	4:28	
22	Tue	8:35	2.8	8:59	2.4	2:34	0.4	3:26	0.5	7:19	4:28	
23	Wed	9:25	2.9	9:53	2.4	3:18	0.4	4:13	0.4	7:20	4:29	
24	Thu	10:10	3.1	10:40	2.5	4:02	0.3	4:59	0.2	7:20	4:30	
25	Fri	10:49	3.2	11:23	2.6	4:45	0.2	5:45	0.1	7:21	4:30	
26	Sat	11:26	3.4			5:29	0.1	6:30	-0.1	7:21	4:31	
27	Sun	12:03	2.6	12:03	3.5	6:15	0.1	7:15	-0.2	7:21	4:32	
28	Mon	12:43	2.7	12:42	3.5	7:00	0.0	7:57	-0.3	7:21	4:32	
29	Tue	1:25	2.7	1:24	3.5	7:45	-0.1	8:39	-0.3	7:22	4:33	
30	Wed	2:12	2.8	2:12	3.5	8:30	-0.1	9:21	-0.3	7:22	4:34	
31	Thu	3:04	2.8	3:05	3.4	9:17	-0.1	10:05	-0.3	7:22	4:35	