

Poughkeepsie, NY - Mar 2100

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:01	3.5	4:26	3.0	10:37	-0.2	10:49	-0.2	6:29	5:46	
2	Tue	4:59	3.4	5:27	2.7	11:41	0.0	11:53	0.1	6:28	5:47	
3	Wed	5:58	3.2	6:30	2.6			12:53	0.2	6:26	5:48	
4	Thu	7:00	3.1	7:37	2.5	1:05	0.3	2:03	0.2	6:24	5:49	
5	Fri	8:09	3.0	8:49	2.5	2:15	0.3	3:06	0.2	6:23	5:50	
6	Sat	9:18	3.0	9:54	2.6	3:18	0.3	4:01	0.1	6:21	5:51	
7	Sun	10:16	3.1	10:45	2.8	4:13	0.2	4:50	0.0	6:20	5:53	
8	Mon	11:04	3.2	11:29	3.0	5:03	0.1	5:35	-0.1	6:18	5:54	
9	Tue	11:45	3.3			5:50	0.0	6:17	-0.2	6:16	5:55	
10	Wed	12:07	3.1	12:23	3.3	6:34	-0.1	6:55	-0.2	6:15	5:56	
11	Thu	12:43	3.2	1:00	3.2	7:15	-0.1	7:30	-0.2	6:13	5:57	
12	Fri	1:18	3.2	1:36	3.1	7:53	-0.1	8:03	-0.1	6:11	5:58	
13	Sat	1:51	3.2	2:12	2.9	8:29	0.0	8:33	0.0	6:10	5:59	
14	Sun	3:22	3.1	3:48	2.8	10:03	0.1	9:59	0.1	7:08	7:01	
15	Mon	3:52	3.0	4:26	2.6	10:36	0.2	10:24	0.3	7:06	7:02	
16	Tue	4:21	3.0	5:07	2.4	11:10	0.4	10:52	0.4	7:05	7:03	
17	Wed	4:57	2.9	5:54	2.3	11:53	0.6	11:28	0.6	7:03	7:04	
18	Thu	5:43	2.8	6:45	2.3			1:03	0.7	7:01	7:05	
19	Fri	6:38	2.8	7:43	2.3	12:23	0.7	2:24	0.7	6:59	7:06	
20	Sat	7:41	2.8	8:50	2.3	1:54	0.7	3:29	0.5	6:58	7:07	
21	Sun	8:56	2.9	9:59	2.6	3:19	0.6	4:24	0.3	6:56	7:08	
22	Mon	10:11	3.1	10:57	2.9	4:23	0.3	5:14	0.1	6:54	7:10	
23	Tue	11:11	3.3	11:45	3.3	5:19	0.0	6:01	-0.2	6:53	7:11	
24	Wed			12:01	3.5	6:13	-0.2	6:47	-0.4	6:51	7:12	
25	Thu	12:30	3.6	12:48	3.6	7:06	-0.5	7:33	-0.6	6:49	7:13	
26	Fri	1:15	3.9	1:35	3.7	7:58	-0.7	8:18	-0.7	6:48	7:14	
27	Sat	2:01	4.0	2:24	3.6	8:48	-0.7	9:03	-0.6	6:46	7:15	
28	Sun	2:49	4.0	3:16	3.4	9:37	-0.7	9:48	-0.5	6:44	7:16	
29	Mon	3:42	3.9	4:13	3.2	10:27	-0.5	10:36	-0.2	6:42	7:17	
30	Tue	4:39	3.7	5:15	3.0	11:22	-0.2	11:29	0.1	6:41	7:18	
31	Wed	5:39	3.5	6:18	2.8			12:24	0.0	6:39	7:20	