

Poughkeepsie, NY - May 2100

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:19	3.1	8:02	2.9	1:25	0.7	2:11	0.3	5:51	7:53	
2	Sun	8:16	3.0	8:59	2.9	2:34	0.7	3:08	0.4	5:50	7:55	
3	Mon	9:14	2.9	9:54	3.0	3:34	0.7	3:58	0.4	5:49	7:56	
4	Tue	10:11	2.9	10:44	3.1	4:27	0.6	4:42	0.3	5:47	7:57	
5	Wed	11:01	2.9	11:26	3.3	5:14	0.5	5:22	0.3	5:46	7:58	
6	Thu	11:45	3.0			5:59	0.3	6:00	0.3	5:45	7:59	
7	Fri	12:04	3.4	12:25	3.0	6:42	0.2	6:38	0.3	5:44	8:00	
8	Sat	12:38	3.5	1:04	3.0	7:24	0.2	7:16	0.3	5:43	8:01	
9	Sun	1:10	3.6	1:41	2.9	8:05	0.1	7:53	0.3	5:41	8:02	
10	Mon	1:40	3.5	2:19	2.8	8:44	0.1	8:29	0.4	5:40	8:03	
11	Tue	2:08	3.5	2:57	2.8	9:22	0.1	9:04	0.5	5:39	8:04	
12	Wed	2:37	3.4	3:39	2.7	9:59	0.2	9:38	0.5	5:38	8:05	
13	Thu	3:12	3.4	4:25	2.6	10:37	0.3	10:13	0.6	5:37	8:06	
14	Fri	3:56	3.3	5:17	2.6	11:19	0.4	10:55	0.7	5:36	8:07	
15	Sat	4:51	3.2	6:09	2.7			12:10	0.4	5:35	8:08	
16	Sun	5:52	3.2	7:00	2.8			1:11	0.4	5:34	8:09	
17	Mon	6:52	3.2	7:53	3.0	1:11	0.7	2:12	0.4	5:33	8:10	
18	Tue	7:53	3.2	8:50	3.3	2:30	0.6	3:08	0.2	5:32	8:11	
19	Wed	9:00	3.1	9:50	3.6	3:38	0.4	4:01	0.1	5:32	8:12	
20	Thu	10:08	3.2	10:47	3.9	4:38	0.1	4:52	-0.1	5:31	8:13	
21	Fri	11:09	3.3	11:40	4.1	5:34	-0.1	5:43	-0.2	5:30	8:14	
22	Sat			12:05	3.3	6:29	-0.3	6:35	-0.2	5:29	8:15	
23	Sun	12:29	4.2	12:58	3.4	7:24	-0.4	7:28	-0.2	5:28	8:16	
24	Mon	1:19	4.3	1:52	3.3	8:17	-0.5	8:21	-0.2	5:28	8:17	
25	Tue	2:10	4.1	2:48	3.2	9:08	-0.4	9:12	0.0	5:27	8:18	
26	Wed	3:04	4.0	3:48	3.2	9:58	-0.3	10:03	0.2	5:26	8:19	
27	Thu	4:02	3.7	4:49	3.1	10:48	-0.2	10:55	0.4	5:26	8:19	
28	Fri	5:01	3.5	5:48	3.0	11:40	0.0	11:52	0.6	5:25	8:20	
29	Sat	5:58	3.3	6:42	3.0			12:36	0.2	5:25	8:21	
30	Sun	6:50	3.2	7:32	3.0	12:55	0.8	1:32	0.4	5:24	8:22	
31	Mon	7:40	3.0	8:21	3.0	2:00	0.8	2:25	0.4	5:24	8:23	