

Poughkeepsie, NY - Aug 2100

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:55	2.5	10:09	3.2	4:24	0.8	4:03	0.8	5:50	8:13	
2	Mon	10:54	2.6	11:02	3.4	5:13	0.7	4:54	0.7	5:51	8:12	
3	Tue	11:43	2.8	11:47	3.6	6:00	0.5	5:43	0.6	5:52	8:11	
4	Wed			12:26	2.9	6:45	0.3	6:32	0.5	5:53	8:10	
5	Thu	12:27	3.7	1:06	3.1	7:29	0.1	7:21	0.3	5:54	8:09	
6	Fri	1:07	3.8	1:46	3.3	8:12	0.0	8:09	0.2	5:55	8:07	
7	Sat	1:47	3.9	2:28	3.4	8:52	-0.1	8:56	0.1	5:56	8:06	
8	Sun	2:30	3.8	3:13	3.6	9:32	-0.2	9:42	0.1	5:57	8:05	
9	Mon	3:17	3.7	4:03	3.7	10:11	-0.2	10:30	0.1	5:58	8:04	
10	Tue	4:09	3.6	4:56	3.7	10:53	-0.1	11:23	0.3	5:59	8:02	
11	Wed	5:06	3.4	5:51	3.8	11:39	0.1			6:00	8:01	
12	Thu	6:05	3.2	6:46	3.7	12:26	0.4	12:36	0.2	6:01	8:00	
13	Fri	7:05	3.0	7:44	3.7	1:37	0.5	1:43	0.4	6:02	7:58	
14	Sat	8:09	2.9	8:47	3.7	2:47	0.5	2:52	0.5	6:03	7:57	
15	Sun	9:20	2.9	9:56	3.7	3:52	0.4	3:56	0.4	6:04	7:55	
16	Mon	10:32	3.0	10:59	3.7	4:50	0.3	4:56	0.4	6:05	7:54	
17	Tue	11:32	3.1	11:52	3.8	5:44	0.2	5:51	0.3	6:06	7:52	
18	Wed			12:23	3.3	6:34	0.1	6:43	0.3	6:07	7:51	
19	Thu	12:39	3.9	1:09	3.4	7:22	0.0	7:32	0.3	6:08	7:49	
20	Fri	1:23	3.8	1:52	3.4	8:05	0.0	8:18	0.3	6:09	7:48	
21	Sat	2:04	3.8	2:34	3.5	8:45	0.0	9:01	0.3	6:10	7:46	
22	Sun	2:46	3.6	3:15	3.4	9:22	0.1	9:41	0.4	6:11	7:45	
23	Mon	3:27	3.4	3:56	3.4	9:56	0.2	10:21	0.5	6:12	7:43	
24	Tue	4:10	3.2	4:37	3.3	10:28	0.4	11:01	0.7	6:13	7:42	
25	Wed	4:55	3.0	5:19	3.3	10:58	0.6	11:46	0.9	6:15	7:40	
26	Thu	5:42	2.8	6:00	3.2	11:28	0.7			6:16	7:39	
27	Fri	6:30	2.7	6:42	3.1	12:42	1.0	12:07	0.9	6:17	7:37	
28	Sat	7:19	2.6	7:27	3.1	1:49	1.1	1:07	1.0	6:18	7:35	
29	Sun	8:14	2.5	8:21	3.1	2:54	1.0	2:24	1.1	6:19	7:34	
30	Mon	9:18	2.5	9:25	3.2	3:51	0.9	3:31	1.0	6:20	7:32	
31	Tue	10:20	2.7	10:27	3.4	4:41	0.7	4:27	0.8	6:21	7:30	