US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jan 1706

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:10	5.8	9:44	4.9	3:07	-0.1	3:50	-0.2	7:23	4:43	
2	Sat	9:52	5.5	10:30	4.7	3:49	0.1	4:31	0.0	7:23	4:44	
3	Sun	10:34	5.2	11:16	4.6	4:30	0.4	5:10	0.2	7:23	4:45	
4	Mon	11:18	4.9			5:12	0.6	5:49	0.4	7:23	4:45	
5	Tue	12:03	4.5	12:03	4.6	5:56	0.9	6:31	0.6	7:23	4:46	
6	Wed	12:50	4.5	12:51	4.4	6:47	1.0	7:18	0.7	7:23	4:47	
7	Thu	1:38	4.6	1:42	4.3	7:47	1.1	8:12	0.8	7:23	4:48	
8	Fri	2:25	4.7	2:35	4.2	8:51	1.1	9:09	0.8	7:23	4:49	
9	Sat	3:14	4.8	3:32	4.2	9:51	0.8	10:03	0.7	7:23	4:50	
10	Sun	4:06	5.0	4:31	4.3	10:47	0.5	10:55	0.5	7:23	4:51	
11	Mon	4:58	5.3	5:27	4.5	11:39	0.2	11:44	0.3	7:22	4:52	
12	Tue	5:50	5.6	6:19	4.7			12:30	-0.1	7:22	4:53	
13	Wed	6:39	6.0	7:07	4.9	12:33	0.0	1:20	-0.4	7:22	4:54	
14	Thu	7:26	6.2	7:54	5.1	1:21	-0.2	2:08	-0.6	7:21	4:56	
15	Fri	8:13	6.4	8:40	5.3	2:09	-0.4	2:56	-0.7	7:21	4:57	
16	Sat	8:59	6.5	9:27	5.4	2:57	-0.5	3:42	-0.8	7:21	4:58	
17	Sun	9:47	6.3	10:17	5.5	3:45	-0.5	4:27	-0.8	7:20	4:59	
18	Mon	10:37	6.1	11:10	5.5	4:34	-0.4	5:12	-0.7	7:20	5:00	
19	Tue	11:31	5.7			5:26	-0.2	6:00	-0.5	7:19	5:01	
20	Wed	12:05	5.5	12:27	5.4	6:22	0.1	6:52	-0.3	7:19	5:02	
21	Thu	1:01	5.5	1:25	5.0	7:26	0.3	7:49	0.0	7:18	5:04	
22	Fri	1:57	5.5	2:25	4.8	8:35	0.4	8:52	0.1	7:17	5:05	
23	Sat	2:55	5.5	3:27	4.7	9:42	0.4	9:53	0.1	7:17	5:06	
24	Sun	3:54	5.5	4:30	4.7	10:44	0.2	10:50	0.1	7:16	5:07	
25	Mon	4:53	5.5	5:30	4.8	11:40	0.1	11:44	0.0	7:15	5:08	
26	Tue	5:50	5.6	6:24	4.9			12:32	-0.1	7:14	5:10	
27	Wed	6:41	5.7	7:13	5.0	12:33	-0.1	1:20	-0.2	7:14	5:11	
28	Thu	7:28	5.8	7:58	5.1	1:21	-0.1	2:05	-0.3	7:13	5:12	
29	Fri	8:10	5.8	8:40	5.1	2:05	-0.1	2:47	-0.3	7:12	5:13	
30	Sat	8:49	5.7	9:21	5.1	2:47	-0.1	3:25	-0.3	7:11	5:14	
31	Sun	9:27	5.5	10:00	5.0	3:27	0.0	4:01	-0.1	7:10	5:16	