US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Aug 1706

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**12:53**	5.6	**1:28**	6.2	**7:15**	0.2	**8:01**	0.8	4:55	7:14	
2	Mon	**1:52**	5.3	**2:23**	6.2	**8:14**	0.4	**9:08**	0.8	4:56	7:13	
3	Tue	**2:52**	5.1	**3:21**	6.2	**9:16**	0.5	**10:13**	0.7	4:57	7:12	
4	Wed	**3:54**	5.1	**4:20**	6.2	**10:16**	0.5	**11:11**	0.5	4:58	7:11	
5	Thu	**4:56**	5.1	**5:19**	6.2	**11:12**	0.4			4:58	7:10	
6	Fri	**5:55**	5.3	**6:14**	6.3	**12:06**	0.4	**12:05**	0.4	4:59	7:09	
7	Sat	**6:49**	5.4	**7:04**	6.4	**12:57**	0.2	**12:56**	0.4	5:00	7:08	
8	Sun	**7:38**	5.5	**7:49**	6.4	**1:45**	0.1	**1:44**	0.4	5:01	7:06	
9	Mon	**8:23**	5.6	**8:31**	6.3	**2:29**	0.1	**2:29**	0.4	5:02	7:05	
10	Tue	**9:06**	5.6	**9:11**	6.0	**3:10**	0.1	**3:12**	0.5	5:03	7:04	
11	Wed	**9:47**	5.6	**9:50**	5.8	**3:48**	0.2	**3:54**	0.7	5:04	7:03	
12	Thu	**10:29**	5.5	**10:29**	5.4	**4:24**	0.3	**4:34**	0.9	5:05	7:01	
13	Fri	**11:10**	5.4	**11:10**	5.1	**4:58**	0.5	**5:14**	1.1	5:06	7:00	
14	Sat	**11:51**	5.3	**11:53**	4.9	**5:32**	0.7	**5:56**	1.3	5:07	6:59	
15	Sun			**12:34**	5.3	**6:08**	1.0	**6:45**	1.4	5:08	6:57	
16	Mon	**12:41**	4.6	**1:18**	5.3	**6:50**	1.2	**7:43**	1.5	5:09	6:56	
17	Tue	**1:34**	4.5	**2:07**	5.3	**7:45**	1.4	**8:48**	1.5	5:10	6:54	
18	Wed	**2:30**	4.4	**3:00**	5.4	**8:50**	1.4	**9:52**	1.3	5:11	6:53	
19	Thu	**3:30**	4.5	**3:57**	5.6	**9:53**	1.3	**10:50**	1.0	5:12	6:52	
20	Fri	**4:31**	4.6	**4:55**	5.9	**10:50**	1.0	**11:44**	0.6	5:13	6:50	
21	Sat	**5:29**	4.9	**5:50**	6.3	**11:43**	0.7			5:14	6:49	
22	Sun	**6:22**	5.3	**6:41**	6.6	**12:35**	0.2	**12:35**	0.4	5:15	6:47	
23	Mon	**7:12**	5.7	**7:29**	6.8	**1:23**	-0.1	**1:26**	0.1	5:16	6:46	
24	Tue	**7:58**	6.0	**8:16**	6.9	**2:10**	-0.4	**2:16**	-0.1	5:17	6:44	
25	Wed	**8:45**	6.3	**9:02**	6.8	**2:54**	-0.6	**3:06**	-0.2	5:18	6:43	
26	Thu	**9:32**	6.5	**9:51**	6.5	**3:38**	-0.6	**3:56**	-0.1	5:19	6:41	
27	Fri	**10:21**	6.6	**10:42**	6.2	**4:22**	-0.5	**4:46**	0.0	5:20	6:40	
28	Sat	**11:13**	6.5	**11:37**	5.8	**5:06**	-0.3	**5:39**	0.3	5:21	6:38	
29	Sun			**12:07**	6.4	**5:54**	0.0	**6:36**	0.6	5:22	6:37	
30	Mon	**12:35**	5.4	**1:04**	6.2	**6:48**	0.4	**7:41**	0.9	5:23	6:35	
31	Tue	**1:36**	5.2	**2:02**	6.0	**7:51**	0.7	**8:51**	1.0	5:24	6:33	