US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jul 1723

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**6:47**	5.4	**7:02**	6.5	**12:55**	0.1	**12:55**	0.2	4:31	7:33	
2	Fri	**7:36**	5.4	**7:48**	6.4	**1:44**	0.0	**1:43**	0.3	4:31	7:33	
3	Sat	**8:23**	5.4	**8:32**	6.3	**2:31**	0.1	**2:29**	0.4	4:32	7:33	
4	Sun	**9:09**	5.3	**9:15**	6.1	**3:16**	0.1	**3:13**	0.6	4:32	7:33	
5	Mon	**9:54**	5.1	**9:57**	5.8	**3:58**	0.2	**3:56**	0.7	4:33	7:32	
6	Tue	**10:40**	5.0	**10:39**	5.6	**4:38**	0.4	**4:37**	0.9	4:33	7:32	
7	Wed	**11:27**	5.0	**11:22**	5.3	**5:17**	0.5	**5:20**	1.1	4:34	7:32	
8	Thu			**12:13**	5.0	**5:56**	0.7	**6:05**	1.3	4:35	7:32	
9	Fri	**12:07**	5.1	**12:58**	5.0	**6:37**	0.8	**6:56**	1.5	4:35	7:31	
10	Sat	**12:53**	4.9	**1:43**	5.1	**7:23**	0.9	**7:53**	1.5	4:36	7:31	
11	Sun	**1:42**	4.8	**2:28**	5.3	**8:14**	1.0	**8:54**	1.4	4:37	7:30	
12	Mon	**2:34**	4.7	**3:15**	5.5	**9:07**	1.0	**9:53**	1.2	4:37	7:30	
13	Tue	**3:30**	4.7	**4:06**	5.7	**10:01**	0.9	**10:49**	0.8	4:38	7:30	
14	Wed	**4:28**	4.7	**4:58**	6.0	**10:53**	0.8	**11:42**	0.5	4:39	7:29	
15	Thu	**5:26**	4.9	**5:50**	6.3	**11:44**	0.6			4:40	7:28	
16	Fri	**6:21**	5.1	**6:42**	6.6	**12:35**	0.2	**12:35**	0.4	4:40	7:28	
17	Sat	**7:13**	5.3	**7:31**	6.8	**1:26**	0.0	**1:26**	0.2	4:41	7:27	
18	Sun	**8:02**	5.5	**8:20**	6.9	**2:17**	-0.3	**2:18**	0.1	4:42	7:27	
19	Mon	**8:52**	5.7	**9:10**	6.9	**3:07**	-0.4	**3:09**	0.0	4:43	7:26	
20	Tue	**9:43**	5.9	**10:00**	6.8	**3:54**	-0.5	**4:00**	0.0	4:44	7:25	
21	Wed	**10:36**	6.0	**10:53**	6.5	**4:41**	-0.5	**4:52**	0.1	4:45	7:25	
22	Thu	**11:31**	6.0	**11:48**	6.2	**5:28**	-0.4	**5:45**	0.3	4:45	7:24	
23	Fri			**12:26**	6.1	**6:17**	-0.3	**6:43**	0.5	4:46	7:23	
24	Sat	**12:44**	5.9	**1:20**	6.2	**7:09**	-0.1	**7:46**	0.7	4:47	7:22	
25	Sun	**1:41**	5.6	**2:14**	6.2	**8:05**	0.1	**8:51**	0.7	4:48	7:21	
26	Mon	**2:38**	5.3	**3:08**	6.2	**9:03**	0.3	**9:54**	0.7	4:49	7:20	
27	Tue	**3:37**	5.2	**4:04**	6.1	**10:00**	0.4	**10:52**	0.6	4:50	7:19	
28	Wed	**4:36**	5.1	**4:59**	6.1	**10:54**	0.4	**11:45**	0.4	4:51	7:19	
29	Thu	**5:34**	5.2	**5:53**	6.2	**11:45**	0.4			4:52	7:18	
30	Fri	**6:27**	5.3	**6:42**	6.2	**12:35**	0.3	**12:34**	0.4	4:53	7:17	
31	Sat	**7:16**	5.3	**7:28**	6.2	**1:23**	0.3	**1:21**	0.4	4:54	7:16	