US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Mar 1728

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:58	5.2			5:58	-0.1	6:12	0.1	6:32	5:51	
2	Tue	12:28	5.8	12:57	4.8	6:56	0.3	7:10	0.6	6:31	5:52	
3	Wed	1:26	5.4	1:57	4.6	8:02	0.6	8:17	0.8	6:29	5:53	
4	Thu	2:26	5.2	2:59	4.4	9:12	0.8	9:27	0.9	6:27	5:54	
5	Fri	3:29	5.1	4:03	4.5	10:17	0.7	10:29	0.8	6:26	5:55	
6	Sat	4:31	5.1	5:03	4.7	11:13	0.5	11:23	0.6	6:24	5:56	
7	Sun	5:29	5.3	5:57	5.0			12:01	0.3	6:23	5:57	
8	Mon	6:18	5.4	6:44	5.3	12:11	0.4	12:44	0.0	6:21	5:58	
9	Tue	7:02	5.6	7:24	5.5	12:56	0.2	1:24	-0.1	6:19	6:00	
10	Wed	7:41	5.6	8:02	5.7	1:39	0.1	2:01	-0.2	6:18	6:01	
11	Thu	8:17	5.5	8:36	5.7	2:19	0.1	2:37	-0.2	6:16	6:02	
12	Fri	8:52	5.4	9:08	5.7	2:57	0.1	3:11	0.0	6:15	6:03	
13	Sat	9:25	5.2	9:38	5.6	3:33	0.2	3:43	0.1	6:13	6:04	
14	Sun	9:59	4.9	10:07	5.5	4:07	0.3	4:13	0.4	6:11	6:05	
15	Mon	10:34	4.7	10:40	5.4	4:40	0.5	4:42	0.6	6:10	6:06	
16	Tue	11:14	4.5	11:20	5.3	5:14	0.7	5:13	0.8	6:08	6:07	
17	Wed			12:05	4.3	5:54	0.9	5:52	1.0	6:06	6:08	
18	Thu	12:13	5.2	1:06	4.2	6:55	1.1	6:52	1.2	6:05	6:09	
19	Fri	1:17	5.2	2:12	4.2	8:19	1.1	8:20	1.2	6:03	6:10	
20	Sat	2:26	5.3	3:19	4.4	9:35	0.9	9:39	0.9	6:01	6:11	
21	Sun	3:35	5.5	4:24	4.9	10:38	0.5	10:44	0.5	6:00	6:12	
22	Mon	4:41	5.8	5:24	5.4	11:32	0.0	11:43	0.0	5:58	6:13	
23	Tue	5:42	6.1	6:19	6.0			12:22	-0.4	5:56	6:14	
24	Wed	6:36	6.3	7:09	6.6	12:38	-0.5	1:10	-0.7	5:55	6:15	
25	Thu	7:27	6.5	7:56	6.9	1:31	-0.8	1:56	-0.9	5:53	6:16	
26	Fri	8:16	6.4	8:42	7.1	2:22	-1.0	2:42	-0.9	5:51	6:17	
27	Sat	9:04	6.2	9:29	7.0	3:12	-1.0	3:27	-0.7	5:50	6:18	
28	Sun	9:53	5.9	10:17	6.7	4:00	-0.8	4:13	-0.4	5:48	6:19	
29	Mon	10:45	5.6	11:09	6.2	4:49	-0.4	4:59	0.0	5:46	6:21	
30	Tue	11:40	5.2			5:39	0.0	5:49	0.4	5:45	6:22	
31	Wed	12:04	5.8	12:38	4.9	6:34	0.4	6:45	0.9	5:43	6:23	