US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jan 1730

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**5:30**	5.3	**6:03**	4.6			**12:07**	0.3	7:23	4:43	
2	Mon	**6:17**	5.4	**6:50**	4.7	**12:08**	0.2	**12:53**	0.2	7:23	4:44	
3	Tue	**7:00**	5.5	**7:32**	4.8	**12:53**	0.2	**1:37**	0.0	7:23	4:45	
4	Wed	**7:39**	5.6	**8:12**	4.8	**1:36**	0.1	**2:19**	0.0	7:23	4:46	
5	Thu	**8:15**	5.6	**8:49**	4.8	**2:18**	0.1	**2:59**	-0.1	7:23	4:46	
6	Fri	**8:49**	5.6	**9:26**	4.8	**2:57**	0.2	**3:37**	-0.1	7:23	4:47	
7	Sat	**9:24**	5.5	**10:04**	4.8	**3:35**	0.2	**4:13**	0.0	7:23	4:48	
8	Sun	**10:01**	5.4	**10:44**	4.8	**4:13**	0.3	**4:47**	0.0	7:23	4:49	
9	Mon	**10:44**	5.2	**11:30**	4.9	**4:52**	0.4	**5:22**	0.1	7:23	4:50	
10	Tue	**11:35**	5.0			**5:38**	0.5	**6:02**	0.3	7:23	4:51	
11	Wed	**12:21**	5.1	**12:34**	4.8	**6:34**	0.5	**6:54**	0.4	7:22	4:52	
12	Thu	**1:18**	5.2	**1:37**	4.6	**7:46**	0.6	**8:02**	0.4	7:22	4:54	
13	Fri	**2:18**	5.4	**2:43**	4.6	**9:01**	0.5	**9:15**	0.3	7:22	4:55	
14	Sat	**3:21**	5.6	**3:51**	4.6	**10:11**	0.2	**10:21**	0.1	7:21	4:56	
15	Sun	**4:26**	5.8	**4:57**	4.9	**11:13**	-0.1	**11:22**	-0.2	7:21	4:57	
16	Mon	**5:29**	6.1	**5:59**	5.2			**12:11**	-0.5	7:21	4:58	
17	Tue	**6:27**	6.4	**6:56**	5.5	**12:19**	-0.5	**1:05**	-0.8	7:20	4:59	
18	Wed	**7:20**	6.6	**7:47**	5.7	**1:13**	-0.8	**1:56**	-1.0	7:20	5:00	
19	Thu	**8:10**	6.7	**8:37**	5.9	**2:05**	-0.9	**2:45**	-1.2	7:19	5:01	
20	Fri	**8:57**	6.5	**9:24**	5.9	**2:55**	-0.8	**3:30**	-1.1	7:18	5:03	
21	Sat	**9:43**	6.3	**10:11**	5.8	**3:42**	-0.7	**4:13**	-1.0	7:18	5:04	
22	Sun	**10:30**	5.9	**10:58**	5.6	**4:28**	-0.4	**4:55**	-0.7	7:17	5:05	
23	Mon	**11:17**	5.4	**11:45**	5.4	**5:13**	-0.1	**5:36**	-0.3	7:16	5:06	
24	Tue			**12:06**	5.0	**5:59**	0.2	**6:18**	0.1	7:16	5:07	
25	Wed	**12:33**	5.2	**12:57**	4.6	**6:50**	0.6	**7:05**	0.4	7:15	5:08	
26	Thu	**1:21**	5.0	**1:49**	4.3	**7:48**	0.8	**7:59**	0.7	7:14	5:10	
27	Fri	**2:12**	4.9	**2:44**	4.1	**8:51**	1.0	**8:59**	0.8	7:13	5:11	
28	Sat	**3:06**	4.8	**3:42**	4.1	**9:53**	0.9	**9:58**	0.8	7:13	5:12	
29	Sun	**4:02**	4.8	**4:40**	4.2	**10:50**	0.8	**10:52**	0.6	7:12	5:13	
30	Mon	**4:58**	4.9	**5:36**	4.4	**11:41**	0.5	**11:42**	0.4	7:11	5:15	
31	Tue	**5:50**	5.1	**6:25**	4.6			**12:28**	0.3	7:10	5:16	