US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jan 1731

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**12:57**	4.7	**1:04**	4.5	**7:09**	0.9	**7:31**	0.7	7:23	4:43	
2	Tue	**1:50**	4.9	**2:06**	4.4	**8:21**	0.8	**8:38**	0.6	7:23	4:44	
3	Wed	**2:46**	5.2	**3:10**	4.5	**9:32**	0.6	**9:44**	0.4	7:23	4:44	
4	Thu	**3:46**	5.5	**4:15**	4.6	**10:35**	0.2	**10:44**	0.1	7:23	4:45	
5	Fri	**4:47**	5.8	**5:18**	4.9	**11:33**	-0.2	**11:40**	-0.2	7:23	4:46	
6	Sat	**5:47**	6.2	**6:16**	5.2			**12:29**	-0.6	7:23	4:47	
7	Sun	**6:42**	6.6	**7:11**	5.5	**12:35**	-0.6	**1:22**	-0.9	7:23	4:48	
8	Mon	**7:35**	6.8	**8:02**	5.8	**1:29**	-0.8	**2:13**	-1.1	7:23	4:49	
9	Tue	**8:25**	6.9	**8:52**	6.0	**2:21**	-1.0	**3:03**	-1.3	7:23	4:50	
10	Wed	**9:14**	6.7	**9:43**	6.0	**3:12**	-1.0	**3:50**	-1.3	7:23	4:51	
11	Thu	**10:04**	6.4	**10:34**	5.9	**4:03**	-0.8	**4:37**	-1.1	7:22	4:52	
12	Fri	**10:55**	6.0	**11:27**	5.8	**4:53**	-0.6	**5:23**	-0.9	7:22	4:53	
13	Sat	**11:48**	5.6			**5:44**	-0.2	**6:10**	-0.5	7:22	4:54	
14	Sun	**12:20**	5.6	**12:43**	5.2	**6:38**	0.2	**7:01**	-0.1	7:21	4:55	
15	Mon	**1:13**	5.4	**1:38**	4.8	**7:39**	0.4	**7:57**	0.2	7:21	4:57	
16	Tue	**2:06**	5.3	**2:35**	4.6	**8:43**	0.6	**8:56**	0.4	7:21	4:58	
17	Wed	**3:00**	5.2	**3:32**	4.4	**9:46**	0.6	**9:53**	0.4	7:20	4:59	
18	Thu	**3:56**	5.1	**4:31**	4.4	**10:43**	0.5	**10:47**	0.4	7:20	5:00	
19	Fri	**4:52**	5.2	**5:27**	4.5	**11:35**	0.4	**11:36**	0.3	7:19	5:01	
20	Sat	**5:45**	5.3	**6:18**	4.7			**12:22**	0.2	7:19	5:02	
21	Sun	**6:33**	5.4	**7:04**	4.9	**12:23**	0.1	**1:07**	0.0	7:18	5:03	
22	Mon	**7:15**	5.5	**7:46**	5.0	**1:08**	0.1	**1:49**	-0.1	7:17	5:05	
23	Tue	**7:54**	5.5	**8:25**	5.0	**1:51**	0.0	**2:29**	-0.2	7:17	5:06	
24	Wed	**8:29**	5.5	**9:01**	5.0	**2:32**	0.0	**3:06**	-0.2	7:16	5:07	
25	Thu	**9:02**	5.4	**9:36**	5.0	**3:10**	0.1	**3:41**	-0.1	7:15	5:08	
26	Fri	**9:34**	5.3	**10:10**	5.0	**3:47**	0.2	**4:14**	0.0	7:14	5:09	
27	Sat	**10:08**	5.1	**10:45**	5.0	**4:23**	0.3	**4:44**	0.1	7:14	5:11	
28	Sun	**10:46**	4.9	**11:25**	5.0	**4:59**	0.4	**5:14**	0.3	7:13	5:12	
29	Mon	**11:34**	4.7			**5:40**	0.5	**5:48**	0.4	7:12	5:13	
30	Tue	**12:13**	5.1	**12:30**	4.5	**6:32**	0.6	**6:36**	0.6	7:11	5:14	
31	Wed	**1:08**	5.1	**1:34**	4.4	**7:42**	0.7	**7:49**	0.7	7:10	5:15	