US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jan 1742

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**3:31**	4.9	**3:46**	4.3	**10:01**	0.8	**10:15**	0.5	7:23	4:43	
2	Tue	**4:21**	5.1	**4:40**	4.4	**10:53**	0.6	**11:03**	0.4	7:23	4:44	
3	Wed	**5:09**	5.3	**5:33**	4.5	**11:42**	0.3	**11:49**	0.3	7:23	4:45	
4	Thu	**5:56**	5.5	**6:21**	4.7			**12:29**	0.0	7:23	4:46	
5	Fri	**6:40**	5.7	**7:06**	4.8	**12:34**	0.1	**1:16**	-0.2	7:23	4:47	
6	Sat	**7:22**	5.9	**7:48**	4.9	**1:19**	0.0	**2:02**	-0.3	7:23	4:48	
7	Sun	**8:04**	6.1	**8:30**	5.0	**2:03**	-0.1	**2:47**	-0.4	7:23	4:48	
8	Mon	**8:46**	6.1	**9:14**	5.0	**2:46**	-0.2	**3:31**	-0.5	7:23	4:49	
9	Tue	**9:29**	6.1	**10:00**	5.1	**3:30**	-0.2	**4:15**	-0.5	7:23	4:50	
10	Wed	**10:17**	6.0	**10:50**	5.1	**4:15**	-0.1	**4:58**	-0.4	7:23	4:51	
11	Thu	**11:08**	5.7	**11:44**	5.2	**5:03**	0.0	**5:44**	-0.3	7:22	4:53	
12	Fri			**12:04**	5.4	**5:57**	0.2	**6:35**	-0.2	7:22	4:54	
13	Sat	**12:41**	5.3	**1:03**	5.2	**6:59**	0.4	**7:32**	-0.1	7:22	4:55	
14	Sun	**1:39**	5.4	**2:04**	5.0	**8:10**	0.4	**8:34**	0.0	7:21	4:56	
15	Mon	**2:37**	5.5	**3:07**	4.8	**9:21**	0.3	**9:37**	0.0	7:21	4:57	
16	Tue	**3:37**	5.6	**4:10**	4.8	**10:25**	0.1	**10:36**	-0.1	7:20	4:58	
17	Wed	**4:37**	5.8	**5:12**	4.9	**11:24**	-0.1	**11:31**	-0.3	7:20	4:59	
18	Thu	**5:36**	5.9	**6:10**	5.1			**12:19**	-0.3	7:19	5:00	
19	Fri	**6:30**	6.1	**7:03**	5.3	**12:24**	-0.4	**1:10**	-0.5	7:19	5:01	
20	Sat	**7:20**	6.1	**7:51**	5.3	**1:14**	-0.4	**1:59**	-0.6	7:18	5:03	
21	Sun	**8:06**	6.1	**8:37**	5.3	**2:01**	-0.4	**2:45**	-0.6	7:18	5:04	
22	Mon	**8:49**	6.0	**9:21**	5.3	**2:46**	-0.4	**3:27**	-0.5	7:17	5:05	
23	Tue	**9:31**	5.8	**10:04**	5.1	**3:29**	-0.2	**4:07**	-0.3	7:16	5:06	
24	Wed	**10:12**	5.5	**10:48**	5.0	**4:10**	0.0	**4:45**	-0.1	7:16	5:07	
25	Thu	**10:54**	5.1	**11:32**	4.9	**4:51**	0.2	**5:21**	0.1	7:15	5:09	
26	Fri	**11:37**	4.8			**5:33**	0.5	**5:59**	0.3	7:14	5:10	
27	Sat	**12:17**	4.8	**12:22**	4.5	**6:18**	0.8	**6:40**	0.6	7:13	5:11	
28	Sun	**1:02**	4.7	**1:11**	4.3	**7:10**	0.9	**7:29**	0.8	7:12	5:12	
29	Mon	**1:49**	4.7	**2:04**	4.1	**8:11**	1.0	**8:27**	0.9	7:12	5:13	
30	Tue	**2:38**	4.7	**3:00**	4.1	**9:15**	1.0	**9:28**	0.9	7:11	5:15	
31	Wed	**3:31**	4.8	**3:59**	4.1	**10:16**	0.8	**10:25**	0.8	7:10	5:16	