US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Mar 1745

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**6:43**	5.4	**7:07**	5.1	**12:33**	0.4	**1:07**	0.1	6:32	5:51	
2	Tue	**7:23**	5.5	**7:46**	5.3	**1:17**	0.3	**1:47**	-0.1	6:31	5:52	
3	Wed	**8:00**	5.5	**8:22**	5.4	**1:58**	0.2	**2:24**	-0.2	6:29	5:53	
4	Thu	**8:34**	5.5	**8:54**	5.5	**2:38**	0.2	**2:59**	-0.1	6:28	5:54	
5	Fri	**9:07**	5.3	**9:25**	5.5	**3:15**	0.2	**3:32**	0.0	6:26	5:55	
6	Sat	**9:39**	5.1	**9:55**	5.5	**3:50**	0.3	**4:03**	0.2	6:24	5:56	
7	Sun	**10:13**	4.9	**10:27**	5.4	**4:23**	0.4	**4:32**	0.4	6:23	5:57	
8	Mon	**10:52**	4.7	**11:05**	5.4	**4:57**	0.5	**5:01**	0.6	6:21	5:58	
9	Tue	**11:41**	4.5	**11:55**	5.4	**5:36**	0.6	**5:37**	0.8	6:20	5:59	
10	Wed			**12:40**	4.3	**6:28**	0.8	**6:28**	0.9	6:18	6:00	
11	Thu	**12:56**	5.3	**1:46**	4.3	**7:47**	1.0	**7:49**	1.0	6:16	6:02	
12	Fri	**2:04**	5.3	**2:55**	4.4	**9:10**	0.9	**9:14**	0.8	6:15	6:03	
13	Sat	**3:15**	5.5	**4:04**	4.7	**10:21**	0.6	**10:25**	0.5	6:13	6:04	
14	Sun	**4:24**	5.8	**5:08**	5.1	**11:20**	0.1	**11:27**	0.0	6:11	6:05	
15	Mon	**5:28**	6.1	**6:07**	5.7			**12:13**	-0.3	6:10	6:06	
16	Tue	**6:25**	6.4	**6:59**	6.3	**12:23**	-0.4	**1:03**	-0.7	6:08	6:07	
17	Wed	**7:17**	6.6	**7:48**	6.7	**1:17**	-0.7	**1:50**	-1.0	6:07	6:08	
18	Thu	**8:05**	6.6	**8:34**	6.9	**2:08**	-0.9	**2:35**	-1.0	6:05	6:09	
19	Fri	**8:52**	6.4	**9:19**	6.9	**2:58**	-1.0	**3:19**	-0.9	6:03	6:10	
20	Sat	**9:39**	6.1	**10:05**	6.6	**3:45**	-0.8	**4:01**	-0.6	6:02	6:11	
21	Sun	**10:27**	5.7	**10:52**	6.3	**4:32**	-0.5	**4:44**	-0.2	6:00	6:12	
22	Mon	**11:18**	5.3	**11:42**	5.8	**5:18**	-0.1	**5:28**	0.3	5:58	6:13	
23	Tue			**12:12**	4.9	**6:07**	0.3	**6:16**	0.8	5:57	6:14	
24	Wed	**12:35**	5.4	**1:08**	4.6	**7:03**	0.7	**7:13**	1.1	5:55	6:15	
25	Thu	**1:31**	5.1	**2:06**	4.4	**8:08**	1.0	**8:20**	1.3	5:53	6:16	
26	Fri	**2:30**	4.9	**3:06**	4.4	**9:15**	1.1	**9:28**	1.3	5:52	6:17	
27	Sat	**3:30**	4.9	**4:06**	4.5	**10:15**	1.0	**10:27**	1.2	5:50	6:18	
28	Sun	**4:29**	4.9	**5:02**	4.8	**11:05**	0.7	**11:19**	0.9	5:48	6:19	
29	Mon	**5:23**	5.1	**5:52**	5.1	**11:50**	0.5			5:47	6:20	
30	Tue	**6:10**	5.3	**6:36**	5.4	**12:06**	0.7	**12:32**	0.2	5:45	6:21	
31	Wed	**6:52**	5.4	**7:15**	5.7	**12:51**	0.5	**1:11**	0.1	5:43	6:22	