US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jan 1746

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**2:30**	4.7	**2:52**	4.2	**9:03**	1.1	**9:16**	0.7	7:23	4:43	
2	Sun	**3:19**	4.9	**3:48**	4.2	**10:02**	0.9	**10:09**	0.6	7:23	4:44	
3	Mon	**4:09**	5.0	**4:44**	4.3	**10:56**	0.6	**11:00**	0.5	7:23	4:45	
4	Tue	**5:01**	5.2	**5:38**	4.4	**11:47**	0.3	**11:48**	0.3	7:23	4:46	
5	Wed	**5:51**	5.5	**6:28**	4.6			**12:36**	0.1	7:23	4:47	
6	Thu	**6:39**	5.8	**7:14**	4.8	**12:36**	0.1	**1:25**	-0.2	7:23	4:48	
7	Fri	**7:24**	6.1	**7:59**	5.0	**1:23**	-0.1	**2:12**	-0.4	7:23	4:48	
8	Sat	**8:09**	6.3	**8:43**	5.1	**2:09**	-0.3	**2:58**	-0.5	7:23	4:49	
9	Sun	**8:53**	6.3	**9:29**	5.3	**2:56**	-0.4	**3:42**	-0.6	7:23	4:50	
10	Mon	**9:40**	6.2	**10:18**	5.3	**3:42**	-0.4	**4:25**	-0.6	7:23	4:52	
11	Tue	**10:29**	6.0	**11:10**	5.4	**4:30**	-0.3	**5:09**	-0.5	7:22	4:53	
12	Wed	**11:21**	5.6			**5:21**	-0.2	**5:55**	-0.4	7:22	4:54	
13	Thu	**12:04**	5.5	**12:18**	5.3	**6:17**	0.1	**6:46**	-0.1	7:22	4:55	
14	Fri	**1:00**	5.5	**1:17**	5.0	**7:20**	0.3	**7:45**	0.1	7:21	4:56	
15	Sat	**1:57**	5.5	**2:18**	4.7	**8:30**	0.4	**8:49**	0.2	7:21	4:57	
16	Sun	**2:56**	5.5	**3:21**	4.6	**9:38**	0.3	**9:53**	0.2	7:20	4:58	
17	Mon	**3:56**	5.5	**4:25**	4.6	**10:41**	0.2	**10:52**	0.1	7:20	4:59	
18	Tue	**4:56**	5.6	**5:26**	4.7	**11:38**	0.0	**11:46**	0.0	7:19	5:00	
19	Wed	**5:54**	5.7	**6:23**	4.9			**12:31**	-0.2	7:19	5:01	
20	Thu	**6:46**	5.9	**7:13**	5.0	**12:37**	-0.1	**1:20**	-0.3	7:18	5:03	
21	Fri	**7:33**	5.9	**7:58**	5.1	**1:26**	-0.2	**2:06**	-0.4	7:18	5:04	
22	Sat	**8:17**	5.9	**8:41**	5.2	**2:11**	-0.2	**2:49**	-0.4	7:17	5:05	
23	Sun	**8:57**	5.8	**9:22**	5.1	**2:53**	-0.1	**3:28**	-0.4	7:16	5:06	
24	Mon	**9:36**	5.6	**10:02**	5.1	**3:34**	0.0	**4:05**	-0.3	7:16	5:07	
25	Tue	**10:15**	5.3	**10:42**	5.0	**4:12**	0.2	**4:40**	-0.1	7:15	5:09	
26	Wed	**10:53**	4.9	**11:22**	4.9	**4:50**	0.4	**5:14**	0.1	7:14	5:10	
27	Thu	**11:34**	4.6			**5:29**	0.7	**5:48**	0.4	7:13	5:11	
28	Fri	**12:02**	4.8	**12:19**	4.3	**6:11**	0.9	**6:27**	0.6	7:12	5:12	
29	Sat	**12:45**	4.7	**1:09**	4.1	**7:02**	1.0	**7:15**	0.8	7:12	5:13	
30	Sun	**1:32**	4.7	**2:03**	4.0	**8:07**	1.1	**8:17**	1.0	7:11	5:15	
31	Mon	**2:23**	4.7	**3:03**	4.0	**9:17**	1.0	**9:23**	0.9	7:10	5:16	