US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Mar 1749

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**5:54**	5.2	**6:27**	5.0			**12:26**	0.2	6:32	5:51	
2	Sun	**6:38**	5.3	**7:09**	5.3	**12:33**	0.3	**1:08**	0.0	6:31	5:52	
3	Mon	**7:18**	5.4	**7:47**	5.5	**1:17**	0.2	**1:46**	-0.1	6:29	5:53	
4	Tue	**7:54**	5.5	**8:22**	5.6	**1:59**	0.1	**2:23**	-0.1	6:28	5:54	
5	Wed	**8:29**	5.4	**8:54**	5.6	**2:38**	0.0	**2:58**	-0.1	6:26	5:55	
6	Thu	**9:02**	5.3	**9:25**	5.7	**3:16**	0.0	**3:31**	0.1	6:24	5:56	
7	Fri	**9:36**	5.2	**9:58**	5.6	**3:52**	0.1	**4:01**	0.2	6:23	5:57	
8	Sat	**10:13**	5.0	**10:35**	5.6	**4:29**	0.2	**4:31**	0.4	6:21	5:58	
9	Sun	**10:57**	4.8	**11:21**	5.5	**5:08**	0.3	**5:04**	0.6	6:20	5:59	
10	Mon	**11:52**	4.6			**5:55**	0.5	**5:47**	0.7	6:18	6:00	
11	Tue	**12:18**	5.5	**12:55**	4.5	**6:57**	0.7	**6:53**	0.9	6:16	6:02	
12	Wed	**1:23**	5.4	**2:02**	4.5	**8:14**	0.8	**8:20**	0.9	6:15	6:03	
13	Thu	**2:31**	5.5	**3:10**	4.7	**9:28**	0.6	**9:39**	0.6	6:13	6:04	
14	Fri	**3:40**	5.7	**4:17**	5.1	**10:32**	0.2	**10:45**	0.2	6:11	6:05	
15	Sat	**4:45**	5.9	**5:20**	5.6	**11:28**	-0.3	**11:45**	-0.2	6:10	6:06	
16	Sun	**5:46**	6.2	**6:16**	6.1			**12:20**	-0.6	6:08	6:07	
17	Mon	**6:40**	6.4	**7:07**	6.6	**12:40**	-0.6	**1:09**	-0.9	6:06	6:08	
18	Tue	**7:31**	6.5	**7:54**	6.8	**1:32**	-0.8	**1:56**	-1.0	6:05	6:09	
19	Wed	**8:18**	6.4	**8:39**	6.9	**2:22**	-0.9	**2:41**	-1.0	6:03	6:10	
20	Thu	**9:05**	6.2	**9:24**	6.7	**3:10**	-0.8	**3:24**	-0.8	6:02	6:11	
21	Fri	**9:52**	5.9	**10:09**	6.4	**3:56**	-0.6	**4:07**	-0.4	6:00	6:12	
22	Sat	**10:40**	5.5	**10:55**	6.0	**4:41**	-0.3	**4:49**	0.0	5:58	6:13	
23	Sun	**11:31**	5.1	**11:45**	5.6	**5:26**	0.1	**5:33**	0.4	5:57	6:14	
24	Mon			**12:24**	4.8	**6:15**	0.6	**6:22**	0.8	5:55	6:15	
25	Tue	**12:37**	5.2	**1:20**	4.5	**7:11**	0.9	**7:19**	1.1	5:53	6:16	
26	Wed	**1:32**	5.0	**2:16**	4.5	**8:15**	1.1	**8:24**	1.3	5:52	6:17	
27	Thu	**2:29**	4.8	**3:14**	4.5	**9:20**	1.1	**9:28**	1.2	5:50	6:18	
28	Fri	**3:27**	4.8	**4:11**	4.7	**10:16**	0.9	**10:26**	1.1	5:48	6:19	
29	Sat	**4:23**	4.9	**5:05**	5.0	**11:05**	0.7	**11:17**	0.8	5:47	6:20	
30	Sun	**5:16**	5.0	**5:53**	5.3	**11:49**	0.4			5:45	6:21	
31	Mon	**6:04**	5.2	**6:35**	5.6	**12:04**	0.6	**12:30**	0.2	5:43	6:22	