US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Mar 1778

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:30	6.2	9:54	6.2	3:36	-0.5	4:02	-0.7	6:32	5:51	
2	Mon	10:18	5.9	10:42	6.1	4:22	-0.5	4:44	-0.5	6:31	5:52	
3	Tue	11:10	5.6	11:34	6.0	5:10	-0.3	5:29	-0.3	6:29	5:53	
4	Wed			12:06	5.3	6:03	0.0	6:20	0.0	6:28	5:54	
5	Thu	12:30	5.9	1:06	5.0	7:05	0.3	7:20	0.3	6:26	5:55	
6	Fri	1:30	5.7	2:09	4.9	8:15	0.5	8:29	0.5	6:24	5:56	
7	Sat	2:32	5.6	3:13	4.8	9:26	0.5	9:38	0.5	6:23	5:57	
8	Sun	3:36	5.5	4:18	5.0	10:31	0.3	10:41	0.3	6:21	5:58	
9	Mon	4:40	5.6	5:20	5.2	11:29	0.1	11:37	0.1	6:20	5:59	
10	Tue	5:40	5.8	6:15	5.5			12:20	-0.2	6:18	6:00	
11	Wed	6:32	5.9	7:03	5.8	12:28	-0.1	1:07	-0.4	6:16	6:02	
12	Thu	7:19	6.0	7:47	5.9	1:16	-0.3	1:50	-0.5	6:15	6:03	
13	Fri	8:01	6.0	8:28	6.0	2:01	-0.3	2:30	-0.4	6:13	6:04	
14	Sat	8:41	5.9	9:07	6.0	2:43	-0.3	3:08	-0.3	6:11	6:05	
15	Sun	9:20	5.7	9:45	5.9	3:24	-0.2	3:43	-0.1	6:10	6:06	
16	Mon	9:58	5.4	10:22	5.7	4:02	0.0	4:17	0.1	6:08	6:07	
17	Tue	10:37	5.1	11:00	5.4	4:40	0.2	4:50	0.4	6:06	6:08	
18	Wed	11:18	4.8	11:39	5.2	5:18	0.5	5:24	0.7	6:05	6:09	
19	Thu			12:03	4.5	5:59	0.8	6:01	1.0	6:03	6:10	
20	Fri	12:23	5.0	12:54	4.3	6:48	1.0	6:49	1.3	6:02	6:11	
21	Sat	1:13	4.9	1:50	4.2	7:51	1.1	7:58	1.4	6:00	6:12	
22	Sun	2:09	4.8	2:49	4.3	9:01	1.1	9:11	1.4	5:58	6:13	
23	Mon	3:09	4.9	3:50	4.4	10:04	0.9	10:15	1.1	5:57	6:14	
24	Tue	4:11	5.2	4:49	4.8	11:00	0.5	11:11	0.7	5:55	6:15	
25	Wed	5:10	5.5	5:43	5.2	11:51	0.2			5:53	6:16	
26	Thu	6:04	5.9	6:32	5.7	12:04	0.3	12:39	-0.2	5:52	6:17	
27	Fri	6:53	6.2	7:18	6.2	12:54	-0.1	1:25	-0.5	5:50	6:18	
28	Sat	7:40	6.3	8:03	6.5	1:43	-0.4	2:09	-0.7	5:48	6:19	
29	Sun	8:26	6.4	8:47	6.8	2:32	-0.6	2:53	-0.7	5:47	6:20	
30	Mon	9:13	6.2	9:33	6.8	3:21	-0.7	3:37	-0.7	5:45	6:21	
31	Tue	10:03	6.0	10:22	6.7	4:09	-0.6	4:22	-0.5	5:43	6:22	