US HARBORS www.USHarbors.com

Rockaway Beach (inside), NY - Jul 1781

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**3:31**	5.3	**4:09**	6.4	**10:03**	0.2	**10:50**	0.4	4:31	7:33	
2	Mon	**4:32**	5.2	**5:06**	6.5	**10:58**	0.2	**11:45**	0.2	4:32	7:33	
3	Tue	**5:32**	5.3	**6:01**	6.5	**11:51**	0.2			4:32	7:33	
4	Wed	**6:29**	5.3	**6:53**	6.6	**12:39**	0.0	**12:43**	0.2	4:33	7:33	
5	Thu	**7:22**	5.4	**7:42**	6.5	**1:31**	0.0	**1:34**	0.3	4:34	7:32	
6	Fri	**8:11**	5.4	**8:28**	6.4	**2:21**	0.0	**2:23**	0.4	4:34	7:32	
7	Sat	**8:59**	5.3	**9:13**	6.2	**3:08**	0.0	**3:09**	0.5	4:35	7:32	
8	Sun	**9:45**	5.2	**9:58**	6.0	**3:52**	0.1	**3:53**	0.7	4:35	7:31	
9	Mon	**10:32**	5.2	**10:42**	5.7	**4:33**	0.2	**4:36**	0.9	4:36	7:31	
10	Tue	**11:18**	5.1	**11:26**	5.4	**5:12**	0.3	**5:18**	1.1	4:37	7:31	
11	Wed			**12:04**	5.1	**5:51**	0.5	**6:04**	1.3	4:38	7:30	
12	Thu	**12:11**	5.1	**12:49**	5.2	**6:31**	0.7	**6:54**	1.5	4:38	7:30	
13	Fri	**12:58**	4.8	**1:34**	5.2	**7:15**	0.8	**7:50**	1.5	4:39	7:29	
14	Sat	**1:46**	4.7	**2:18**	5.3	**8:04**	0.9	**8:51**	1.5	4:40	7:29	
15	Sun	**2:37**	4.5	**3:04**	5.4	**8:57**	1.0	**9:49**	1.3	4:41	7:28	
16	Mon	**3:32**	4.5	**3:54**	5.5	**9:51**	1.0	**10:45**	1.1	4:41	7:27	
17	Tue	**4:29**	4.6	**4:46**	5.7	**10:43**	0.9	**11:37**	0.8	4:42	7:27	
18	Wed	**5:25**	4.7	**5:38**	6.0	**11:34**	0.8			4:43	7:26	
19	Thu	**6:19**	4.9	**6:29**	6.3	**12:29**	0.5	**12:24**	0.6	4:44	7:25	
20	Fri	**7:08**	5.1	**7:17**	6.5	**1:19**	0.3	**1:14**	0.4	4:45	7:25	
21	Sat	**7:56**	5.3	**8:04**	6.7	**2:08**	0.0	**2:04**	0.3	4:46	7:24	
22	Sun	**8:42**	5.5	**8:50**	6.7	**2:56**	-0.2	**2:53**	0.1	4:46	7:23	
23	Mon	**9:30**	5.7	**9:38**	6.6	**3:41**	-0.3	**3:42**	0.1	4:47	7:22	
24	Tue	**10:20**	5.9	**10:28**	6.4	**4:25**	-0.3	**4:32**	0.2	4:48	7:21	
25	Wed	**11:12**	6.0	**11:21**	6.1	**5:09**	-0.3	**5:24**	0.3	4:49	7:21	
26	Thu			**12:06**	6.1	**5:54**	-0.1	**6:19**	0.5	4:50	7:20	
27	Fri	**12:16**	5.8	**1:00**	6.2	**6:44**	0.1	**7:20**	0.7	4:51	7:19	
28	Sat	**1:14**	5.5	**1:54**	6.2	**7:40**	0.3	**8:26**	0.7	4:52	7:18	
29	Sun	**2:12**	5.2	**2:50**	6.2	**8:40**	0.4	**9:32**	0.7	4:53	7:17	
30	Mon	**3:12**	5.1	**3:48**	6.2	**9:41**	0.5	**10:33**	0.6	4:54	7:16	
31	Tue	**4:14**	5.0	**4:46**	6.2	**10:40**	0.5	**11:30**	0.5	4:55	7:15	